HEIGHTS HOLIDAY LACROSSE CLINIC For Girls in Youth & Middle School (Grades 4-8)

Wednesday, January 3-Friday January 5, 2018 9:00 am-12:00 pm Heights High School - Auxiliary Gym



Looking for something fun to do after the holidays? Join us for the Heights Holiday Lacrosse Clinic - new and experienced players welcome!

The Heights High Girls Lacrosse team will lead a pre-season lacrosse clinic for girls in grades 4-8. The program will be supervised by the Heights High School Girls Lacrosse team and assisted by the coaching staff. Players will work on basic skills and techniques of the game in a fun environment. Players will learn to pass, catch, cradle, scoop and shoot as well as individual defense and offense. Experienced players will receive individualized coaching designed to sharpen these skills while learning team offense and defensive play. Players will participate in 4v4 team scrimmages.

COST IS \$50 per student player, and all players need a lacrosse stick and mouth guard. To enroll please complete the form below including medical information on the second page and return with your check to Heights Lacrosse, c/o Carol Iott, 2711 Colchester Road, Cleveland Hts, OH 44106. For additional information contact Carol Iott at 708-606-0863 or <u>j.iott@sbcglobal.net</u>

Player's Name:	Phone:		
Address:			
City:	Zip Code:	Email:	
Birthdate:	Lac	crosse experience? Yes	s No
School:		Grade	_
above entrant, do hereby rele injuries to person or property	ase, indemnify, and save harmless H sustained or caused by said entran s inflicted by said entrant on the pr	deights Lacrosse and its coo t while participating in said	osse Clinic, I as the parent/guardian of the aches and staff from any and all claims for lacrosse program. I also accept financial e City of Cleveland Heights or the Cleveland
Signed this	day of	2017	
Signature of Parent/Guardian	i		

HEIGHTS HOLIDAY LACROSSE CLINIC – January 3-5, 2018

MEDICAL AUTHORIZATION

Name of Player:	Birth Date:
CIRCLE ONE IN EACH PARAGRAPH:	
1. I hereby (GRANT PERMISSION TO) (WITH any state or provincially approved hospital to give necessary on the above named player.	HOLD PERMISSION FROM) the staff physician of any treatment or perform any test that they deem
2. I hereby (AUTHORIZE) (DO NOT AUTHORI which he practices, or a member of any state or pranesthetic or perform any surgical procedure they	
CHECK ONE OF THE FOLLOWING:	
The above-named player has no unusual n The above-named player has the following medical problems or conditions:	nedical problems. allergies, sensitivities to drugs or other special
Signed this day of	2017.
Signature of Parent/Guardian:	
Print Name:	Phone:
Secondary Contact:Address:	Phone: Relationship:
Preferred Hospital:Preferred Physician:	Phone:

The above consent form is provided for the protection of your child should he/she become ill or be injured as a result of participation in the Heights Lacrosse Program. NO TREATMENT OTHER THAN FIRST AID, WILL BE INITIATED WITHOUT FIRST ATTEMPTING TO CONTACT YOU, HIS/HER PARENTS. These forms will be invoked to authorize emergency medical treatment only if you are not immediately available to grant the appropriate permission.

Please note that if authority is withheld, medical personnel may decline to begin treatment of any non-life threatening condition until permission is obtained from a responsible adult, even if this means several hours of discomfort for your child.