Physical Education with Mr. Wright

In Gym, this past month, all grades have participated in a

Soccer unit, working on kicking, dribbling, passing, and trapping.

We played a variety of games to work on these skills.

Younger students focused on skill acquisition while the older students

applied these skills to game and game-like situations.



Additionally, every PE class always begins with students warming up,

stretching, doing push-ups and crunches, and doing a 3 minute jog.

Students have learned how important it is to run at a steady pace for this.

Please remind your child to always wear sneakers for Gym.

For some activities, I have to have them sit out because

their shoes may not be safe for activities.

Thanks

and

