

Youth & Adult Kuk Sool Won Martial Arts

Mini Kids Kuk Sool Won™

Class includes: Etiquette, Rolling & Acrobatics, Safety Falls, Meditation Practice, Hand/Foot Striking & Blocking, and Self-Defense Techniques.

Instructor: David Pritts

2nd Degree Black Belt

Ages: 5-6

Days: Tuesday and Thursday

Time: 6:00-6:30pm

Dates: April 23-June 18 (Spring)
(no class 5/7 & 5/23)

Dates: June 25-Sept 12 (Summer)
(no class 7/2, 7/4, 7/9, 7/11, 8/6, 8/27 & 8/29)

Location: Tue Rm 7/Thu Senior Center

Cost: \$51.00 CH RES

\$58.00 NON RES

Youth Kuk Sool Won™

Class includes: Etiquette, Rolling & Acrobatics, Safety Falls, Meditation Practice, Hand/Foot Striking & Blocking, and Self-Defense Techniques.

Instructor: David Pritts

2nd Degree Black Belt

Ages: 7-13

Days: Tuesday and Thursday

Time: 6:30-7:30pm

Dates: April 23-June 18 (Spring)
(no class 5/7 & 5/23)

Dates: June 25-Sept 12 (Summer)
(no class 7/2, 7/4, 7/9, 7/11, 8/6, 8/27 & 8/29)

Location: Tue Rm 7/Thu Senior Center

Cost: \$87.00 CH RES

\$102.00 NON RES

Adults Kuk Sool Won™ (WKSA)

The Traditional Martial Art of Korea

Class includes: Etiquette (Respectful Behavior); Rolling & Acrobatics; Safety Falls; Meditation Practice; Hand/Foot Striking & Blocking; Forms Training (Hyung); and Self Defense Techniques.

Instructed by: David Pritts,
3rd Degree Black Belt and School Owner

Ages: 14-75

Days: Tuesday and Thursday

Time: 7:30-8:30pm

Dates: April 23-June 18 Spring
(no class 5/7 & 5/23)

Dates: June 25-Sept 12 Summer
(no class 7/2, 7/4, 7/9, 7/11, 8/6, 8/27 & 8/29)

Location: Tue Rm 7 / Thu Senior Center

Cost: \$87.00 CH RES

\$102.00 NON RES



CLEVELAND HEIGHTS COMMUNITY CENTER

One Monticello Boulevard • Corner of Mayfield Road & Monticello Boulevard

www.chparks.com

