life is why®

BUILDING A CULTURE OF HEALTH

in the Great Rivers Affiliate

HEART DISEASE and STROKE are the NO. 1 and NO. 5 KILLERS of all Americans. In the GREAT RIVERS AFFILIATE, these diseases combined CLAIM THE LIVES of almost 136,000 each year.

THE NEED

have high blood

have high

reported no physical 24% activity in the past month

22% smoke

do not consume enough fruits and vegetables

33% are obese or overweight

OUR GOAL BY 2020



Improve the cardiovascular health of all Americans

AND

Reduce deaths from cardiovascular diseases and stroke

20%

PROGRESS TO GOAL

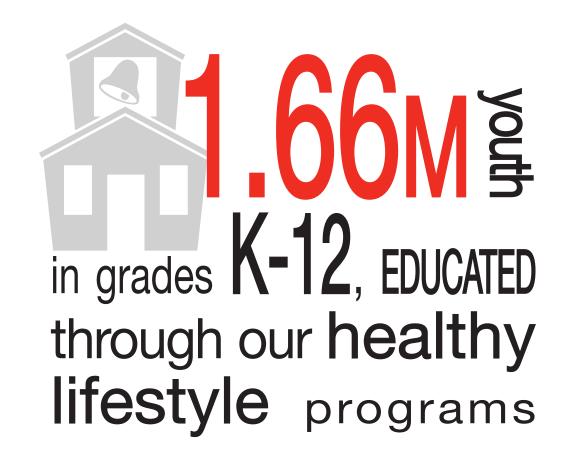
Improvements to cardiovascular health 3.95%

Total cardiovascular disease deaths -13.7%

> Total stroke deaths -13.6%

COMMUNITY IMPACT

53,290 You're The Cure Advocates helped to PASS SIX laws, regulations & ordinances impacting local health





Target: BP,

PATIENTS Moving individuals

REACHED to BP control



Individuals have found help, health tips & info our online Support Network

Research

The American Heart Association funds the most meritorious science anywhere to give us the greatest chance of saving lives everywhere. Association-funded research has led to breakthroughs including the artificial heart valve, statin drugs, CPR guidelines, pacemakers, therapeutic hypothermia and more.

CURRENT FUNDING

\$438м

U.S.A. 2,033 projects

\$50.6м

Great Rivers Affiliate 260 projects

Quality of Care











Hospital teams in the Great Rivers Affiliate received 497 awards for accomplishments through their participation in Get With The Guidelines programs AFib, Heart Failure, Resuscitation, Stroke and Mission: Lifeline.





164 hospitals in the Great Rivers affiliate have been designated as *Primary* Stroke Centers, 21 are Comprehensive Stroke Centers, 10 are Acute Stroke Ready and 24 are *Mission: Lifeline Accredited*.





@AmericanHeart
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www.heart.org

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ACCELERATING SCIENCE

INSTITUTE FOR PRECISION CARDIOVASCULAR MEDICINE

The Institute will create better-targeted, safer and more effective prevention strategies and treatments by taking into account a person's genes, environment and lifestyle. The aim is to gather and analyze cardiovascular data on a scale that has never before been possible to enable new insights critical to personalizing the prevention and management of heart disease and stroke.

STRATEGICALLY FOCUSED RESEARCH NETWORKS

A NETWORK

is composed of





WORKING ON 3 PROJECTS EACH

focused on one of the following **STRATEGIC AREAS:**



BASIC SCIENCE DISCOVERY

CLINICAL SCIENCE DISCOVERY



POPULATION SCIENCE DISCOVERY

Current networks funded include:

Heart Failure | Go Red For Women Disparities in Cardiovascular Disease | Hypertension Prevention Stroke Obesity Children

> The next SFRNs will focus on

VASCULAR DISEASE ATRIAL FIBRILATION

MY RESEARCH LEGACY

This network, being built in conjunction with the Broad Institute of Harvard and MIT, puts people at the center of scientific research by allowing individuals to donate their lifestyle and genetic information as partners in discovery. With this information and world-class researchers, we can drive next-generation heart and stroke research.

ONE BRAVE IDEA



Through a \$75 million investment over a five-year period, the American Heart Association, Verily and AstraZeneca are focused on preventing and reversing

coronary heart disease and its consequences. Dr. Calum MacRae will head an eight-member team of experts working to uncover the causes of heart disease. This includes previously unrecognized signals marking the transition from wellness to the earliest, yet still largely invisible, stages of disease. In the next two to three years, they will search intensively for novel coronary heart disease-linked traits, through studies of families at known high risk for the disease.

FUNDING \$50,593,179

IN ACTIVE RESEARCH IN THE GREAT RIVERS AFFILIATE



The American Heart Association has provided more than \$4.1 billion in research funds since 1949 and launched the careers of many of this country's most prominent cardiovascular scientists, including 13 Nobel Prize winners.

CURRENT FUNDING

Delaware: \$1,001,000

Kentucky: \$4,705,771

Ohio: \$19,627,474

Pennsylvania: \$ 24,614,346

West Virginia: \$644,588

National: \$438,788,877

Our research programs have contributed to many important scientific advances:

FIRST ARTIFICIAL HEART VALVE

TECHNIQUES & STANDARDS FOR CPR

IMPLANTABLE PACEMAKERS

CHOLESTEROL INHIBITORS

DRUG-COATED STENTS

In the Great Rivers Affiliate, in 2017 alone, we needed an additional \$92,455,235 to fund research proposals. This gap means 554 scientific projects were shelved, deferring knowledge that could result in the next breakthrough in prevention or quality of care.



🔐 @AmericanHeart 📙 🐚 @American_Heart