

AUGUST 25, 2018 • 9 AM TO 2 PM • HEIGHTS HIGH SCHOOL

Welcome to the first-ever Heights Family Academy! Heights Family Academy is a program built to strengthen the fabric of support for our students. The academy offers families the opportunity to select sessions based on the developmental needs of their children as well as specific areas of interests. The CH-UH School District recognizes that families play an important role in the education of their children and that learning continues beyond the school walls. As a child's first teacher, families are an integral part of student success. Stronger family-school partnerships are key to the district's mission, vision, and school improvement goals.

GENERAL INFORMATION

Transportation: Buses will run from each CH-UH elementary school based on registration. Please be at one of the elementary school locations OR Cleveland Heights Recreation Center beginning at 8 am. The CH Recreation center is located at 1 Monticello Blvd. We are unable to resend buses should the 8 am pick up time be missed. <u>View the Google Form for bus stop locations and registration</u>.

There is parking at the high school, but space is limited. As with any adjacent, free, street parking please adhere to signage and any parking regulations. The municipal lot located on Cedar and Lee is also an option but requires quarters every hour.

WiFi Access:

- 1. Connect to the CHUHPubl1c
- 2. Open a new browser
- 3. Enter credentials below on the CHUH authentication webpage
- 4. If the web browser does not appear, close the web browser window and reopen it. The login: USERNAME: boeguest | PASSWORD: Welcome2019 (case sensitive)

Privacy Rooms: If you are a nursing mother, two of the teacher workrooms are available for you, should you desire a private space. The room numbers are 202 and 242. Within each teacher workroom, there is also a smaller room labeled "Task Room" which can be used if additional privacy is wanted. "Do Not Disturb" signs are also in each room to hang on the doorknob.

Schedule of Events:

Registration and Breakfast: 8:30 - 9 a.m. **Opening Address (Auditorium):** 9 - 9:50 a.m.

Welcome from Superintendent Dr. Talisa Dixon

Keynote presentation - Kimberly Brazwell, KiMISTRY Chief Executive Officer



Kimberly Brazwell is the founder of KiMISTRY, a consulting firm specializing in design, facilitation and "harvesting" of complex conversations around authenticity and "fit" in working and learning environments. In addition to leading KiMISTRY, Kimberly serves as the executive director for the newly formed King Lincoln Family Services Corporation in Columbus, Ohio. Outside of social justice work, she is also a visual practitioner, performing artist, author of Browning Pleasantville and blessed mother of two daughters.

Session 1: 10 - 10:50 a.m. **Session 2:** 11 - 11:50 a.m.

Resource & Program Fair Opens: 11 a.m.

Raffle drawing for a Kindle Paperwhite E-Reader! Winner must be present.

Lunch: 12 - 12:30 p.m. **Session 3:** 12:40 - 1:30 p.m.

Resource & Program Fair: 1:40 - 2 p.m.

Raffle drawing for a Kindle Paperwhite E-Reader! Winner must be present.

Evaluation: Your feedback is welcome! Please use the following link to evaluate The Academy:

https://goo.gl/oabFJp

Event QR Code:



Each session is designed with our families in mind. Please use the following link to evaluate your sessions: https://goo.gl/wcykEb

Sessions QR Code:



EARLY CHILDHOOD

Help! My Toddler is Having a Fit!

12:40 - 1:30 p.m. (Session 3)

Description: Participants will learn how to effectively manage behaviors when dealing with toddlers and young children.

For: Parents/caregivers

Facilitator: Marie Mckee, teacher and adult educator

About the Facilitator: Marie Mckee is a licensed Ohio teacher and parent educator with more than 29 years in education. She has taught parenting classes for the CMSD adult education program also life skills and classroom teacher. Outside of the classroom, Ms. Mckee has worked as a Family Liaison for Family Connections. She is the founder of Their Heart Is in your Hands, a nonprofit organization.

Location: Room 129

How to Read with Children

11 - 11:50 a.m. (Session 2)

Description: Participants will listen to two stories read aloud. Participants will then decide which story they enjoyed more and why. There will be table discussions on identifying ways to make reading fun and interesting to children.

For: Parents/caregivers

Facilitator: Salema Wiggins, Family Literacy Liaison at Family Connections

About the Facilitator: Ms. Wiggins is currently working with preschool families assuring a love for reading as a Parent Partner. She has an M.Ed and has taught preschool for more than 15 years. Ms. Wiggins provides training to Child Development Associate candidates, teachers and parents.

Location: Room 129

The Things They Forgot to Tell Me About Kindergarten at the Baby Shower

10 - 10:50 a.m. (Session 1)

Description: Parent and child will assess their child's kindergarten readiness skills. Parents will learn strategies to reinforce classroom instruction at home. Participants will gain an awareness of kindergarten expectations.

For: Parents/caregivers and students grades pre-K through 5

Facilitator: Charniece Holmes, Program Coordinator at Family Connections

Location: Room 129

EMPOWERMENT & ADVOCACY

Equipping Parent Leadership Teams

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Strong leadership teams engage families and communities. CH-UH schools each have building leadership teams that focus on the goal areas of curriculum, assessment, and school climate. Come engage in an opportunity to understand the role of the parent on such a leadership team.

For: Parents/caregivers and students of all grade levels

Facilitator: Mrs. Felisha Gould, CH-UH City Schools Assistant Superintendent

About the Facilitator: Mrs. Gould is the internal facilitator for the Ohio Improvement Process (OIP) which outlines a collaborative framework for schools to engage teachers, parents, and community leaders in the decision making process that impacts student success. Mrs. Gould has a bachelor's degree in Biology Pre-Med from Talladega College and master's degrees in Biology, Secondary Education, and Educational Administration from the University of Akron.

Location: Room 215

It's Not How Smart You Are, but How You are Smart: Optimizing a Child's Full Potential

12:40 - 1:30 p.m. (Session 3)

Description: Parents will learn why it's important to understand and support their child's many ways of being smart and how they interconnect for success in many endeavors. As Howard Gardner states, "Kids make their mark in life by doing what they can, not what they can't. Being happy is using your skills productively, no matter what they are." Parents can assist their child more effectively with knowledge of Gardner's theory of multiple intelligences.

For: Parents/caregivers and students of all grade levels

Facilitator: Joan Spoerl, Program Coordinator of the Imagination Library for The Literacy Cooperative

About the Facilitator: Ms. Spoerl taught kindergarten for 10 years in an NAEYC-accredited child care center, Head Start and State Pre-K in the Chicago Public Schools and served as an adjunct faculty member at Oakton Community College. As a kindergarten teacher in the Chicago area, she was honored as a finalist for the Kohl-McCormick Early Childhood Teaching Award and was chosen as the featured teacher in Voices for Illinois Children's Start Early: Learning Begins at Birth

prime-time television and radio advertising campaign. Ms. Spoerl earned her bachelor's degree in Public Policy Studies from the University of Chicago and her Master's Degree in Early Childhood Education from Tufts University.

Location: Room 222

Navigating the Infinite Campus Parent Portal

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Parents and caregivers can sign up for an Infinite Campus portal account and learn what features are available to track their students' progress. Learn where to locate reports, track student absences, assignments and in-progress grades, and view assessment results.

For: Parents/caregivers of students in all grade levels

Facilitator: Betsy Gilmore, CH-UH City Schools IT Application Specialist

About the Facilitator: Ms. Gilmore has a total of 22 years in K-12 public education, the past 13 at Cleveland Heights Schools. She works in the Data, Research and Assessment Department as the Infinite Campus System Administrator.

Location: Computer Lab 2, Room 115

Preparing Your Child to be Culturally Competent and Globally Savvy Through International Exchange

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

Description: Education is more than ABCs & 123s. Learn about exposing your student to other cultures through hosting or high school study abroad with AFS Intercultural Program. AFS has been in the Heights for more than 60 years.

For: Parents/caregivers of students in all grade levels

Facilitator: Carla Bailey, AFS Sponsored Programs Coordinator & School Liaison

Location: Room 222

Scholarship Awareness: How To Be Strategic in Finding Money for College

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: The presentation will include an overview of the types of scholarships, criteria, searching/finding scholarships, and how to apply for scholarships. Participants will be able to understand the importance of creating a scholarship plan.

For: Parents/caregivers and high school students

Facilitator: Jacqueline D. Blockson, Heights High Guidance Technician

About the Facilitator: For the past 29 years, Ms. Blockson has assisted students and families with the college and scholarship application process; educated at Northwestern University, Medill School of Journalism.

Location: Mini Auditorium

Student Debt Clinic

12:40 - 1:30 p.m. (Session 3)

Description: More than 40 million people in the U.S. are carrying debt from student loans worth \$1.3 trillion, an average of over \$30,000 a borrower. Many people struggle with making their monthly payments, while others worry that this debt will follow them throughout their life. You may qualify to reduce your debt or have your debt forgiven. Ask yourself: Do I have a direct loan? Some examples are: Navient, Great Lakes, FedLoan Servicing, NelNet, Mohela, and ACS. Do you have a Parent Plus Loan or FEEL? These may qualify if you consolidate them which you will learn how to do at the workshop.

For: Parents/caregivers and students of all grade levels

Facilitator: Karen Rego, Title I Lead Teacher - Monticello at HMS

About the Facilitator: Ms. Rego has been with CH-UH for 19 years and is currently the 1st Vice President of Cleveland Heights Teachers Union. She is trained by the American Federation of Teachers (AFT) to help reduce the amount of student debt.

Location: Room 226

The Power of Digital Video Production

11 - 11:50 a.m. (Session 2)

Description: Participants will learn how writing and technical skills can accent the resume.

For: Parents/caregivers and students of all grade levels

Facilitator: Cynthia Booker, Heights High Digital Video Production/Television Production Teacher

About the Facilitator: Ms. Booker is a two-time Emmy Award-winning television journalist. She holds a B.A. in Communication Arts & an M.Ed. in Workforce Education & Development.

Location: Digital Video Production, Room 123

Who Will Invent The Future?

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Learn self-perception, risk tolerance, key components of the college & career paths process, and how to reposition yourself. "Don't ask kids what they want to be when they grow up. Ask them what problems they want to solve. This changes the conversation from 'who do I want to work for' to 'what do I need to learn in order to be able to do that."

For: Middle and high school parents/caregivers and students

Facilitator: Haethem Rasul, Heights High Guidance Counselor

About the Facilitator: Mr. Rasul has been a Heights High School Counselor since 2006. He has been the Guidance Department Chair since 2011. Mr. Rasul is a licensed teacher, counselor, and principal, having taught social studies for a number of years prior to counseling. He presented at the 2013 College Board Midwestern Regional Forum "Navigating the NCAA." Additionally, Mr. Rasul produces, edits, and manages many of the department's College & Career Readiness products.

Location: Room 217

HEALTH & WELLNESS

Building Your Toolkit: Happier, Healthier Home and School Environments

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

Description: Tips, tricks and tested research to help create calmer, happier home and school environments. Includes demonstration of Brain Gym, presentation of stress management tools and more. Participants will take away real-life ways to help their children (and themseleves!) reduce stress and increase productivity.

For: All parents/caregivers and students

Facilitator: Amy Kerr-Jung, Parent Mentor for Reaching Heights

About the Facilitator: Mrs. Kerr-Jung joined the staff in February 2015. In this role, she is available to help families with special needs in the CH-UH district navigate the complex special education system. Mrs. Kerr-Jung has previously served as a co-teacher in a special education self-contained classroom, a business consultant and statistician.

Location: Room 226

"Ending the Silence" for Families

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: NAMI Ending the Silence for Families is a presentation for parents and other primary caregivers that helps raise awareness around mental health conditions. The presentation includes warning signs, facts and statistics, how to talk with your child and how to work with school staff.

For: Parents/caregivers of students grades 6-12

Facilitator: Kari Kepic, NAMI Information & Referral Specialist

About the Facilitator: Ms. Kepic served as a NAMI volunteer for six years with training as a facilitator for several NAMI support and education programs before joining the staff in 2008. As Kari's passion had started with her own children and their mental health issues during their middle to high school years, she has just trained in another NAMI Signature program called Ending the Silence. This program is presented to middle and high school students to raise the awareness about mental health conditions and reducing the stigma that surrounds them by sharing a lived experience.

Location: Room 227

Family Biking - Safe and Smart

12:40 - 1:30 p.m. (Session 3)

Description: Students and parents will learn bike safety and manipulative skills. Indoor and outdoor (weather permitting) riding will test skills. Bring your own bike and helmet or borrow from our city's fleet.

For: K-12 parents/caregivers and students

Facilitator: Alice Stratton, CH-UH City Schools Physical Education Specialist

About the Facilitator: Ms. Stratton is a physical education specialist at Fairfax Elementary School, where she leads a bike club. She enjoys bike touring and commuting in the Heights.

Location: 034 & 036, then West parking lot (between school and football field)

Keep Calm and Parent On

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Participants will learn resiliency and how to build it in themselves and their children, as well as basic positive parenting strategies to handle challenging behaviors. Participants will gain tools to aid them in more effective communica-

tion and strengthen their relationship with their child. Strategies will be based on Conscious Discipline, the DSM-V, and other researched parenting strategies.

For: Parents/caregivers of students grades pre-k through 5

Facilitator: Haley Dunn, Teen and Adult Coordinator at Milestones Autism Resources

About the Facilitator: Ms. Dunn earned her undergraduate degree from John Carroll University and her Master's in Clinical Mental Health Counseling from Xavier University. She is a Licensed Professional Counselor who has worked with children birth to five, school age and young adults providing diagnosis and treatment of mental health. She has a deep passion for connecting people to their community, whether it is through employment, volunteering or life enrichment activities.

Location: Room 225

Repairing Relationships Through Restorative Practices

10 - 10:50 a.m. (Session 1) 11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Just as we need food, shelter and clothing, human beings also need strong and meaningful relationships to thrive. Restorative practices is an emerging social science that uses strategies that seek to repair relationships that have been damaged, including those damaged through bullying. It does this by bringing about a sense of remorse and restorative action on the part of the offender and forgiveness by the victim. Participants will explore the background and language of restorative practices, practice using Affective Statements and Questions, and reflect on group process.

For: Middle and high school parents/caregivers and students

Facilitator: Joshua Luton, Heights Middle School Dean of Students

About the Facilitator: Mr. Luton is an International Institute for Restorative Practices licensed trainer. He holds an M.S.Ed. and is licensed in math/science education for middle childhood. Mr. Luton is also a basketball and track coach at HMS.

Location: Room 229

Relax the Mind and Body With Tai Chi

12:40 - 1:30 p.m. (Session 3)

Description: Learn relaxation techniques through Tai Chi movement.

For: All parents/caregivers and students

Facilitator: Paul Gustafson, Heights Middle School Teacher

About the Facilitator: Mr. Gustafson has been studying Shaolin-Do since 1979. He is a 3rd degree black belt.

Location: Competition Gym

Safety Tips for the Whole Community

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12 - 12:40 a.m. (Session 3)

Description: Participants will recognize dangers and potentially unsafe situations that may occur when traveling in the community. They will learn about safe and appropriate responses regarding safety and stranger danger. Many scenarios are designed around actual events that have prompted safety training for all.

For: Parents/caregivers and students grades 6-12

Facilitators: Barry Kuzmickas, General Manager of Transportation Services for the Cuyahoga County Board of Developmental Disabilities and Mary Lombardo, Community Travel Program Supervisor for the Cuyahoga County Board of DD. *About the Facilitators:* Mr. Kuzmickas and Ms. Lombardo each have nearly 30 years of experience working with community members with developmental disabilities.

Location: Room 240

INSTRUCTION: LEARNING AT HOME

Conscious Discipline - At Home!

12:40 - 1:30 p.m. (Session 3)

Description: Ever felt at a loss for how to deal with power struggles, defiance, verbal attacks, bullying or physical aggression? Have you ever wondered what would help children stay on task, pay attention and finish their work? The Seven Skills of Discipline are the only skills we need to transform these everyday discipline issues into teaching moments. We will learn about these skills and how to apply them in a fun, interactive way in the household.

For: Grades pre-K through 5 parents/caregivers

Facilitators: Mariegabrielle James and Lauren Smith, Certified Conscious Discipline Trainers

About the Facilitators: Ms. James is a Heights alum and mother of 3 children currently attending Fairfax Elementary School. She is the Fairfax yearbook editor, Reaching Heights Role Model coordinator and the PTA District Representative. Ms. Smith is a mother of 3 children currently attending Fairfax - one being an incoming kindergartner! She is the Fairfax Kindernet Rep and a very active PTA Executive Board member. Both parents have been trained and certified in Conscious

Discipline.

Location: Room 239

Family Code Time - You Can Code, Too!

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: This session will engage children K-5 and their parents or guardians in the delightful experience of doing their first hour of computer programming together! We will use the "Hour of Code" fun, self-guided tutorials to meet the needs of all age groups and experience levels. Best of all, families can continue to access these online resources when they return home after the session! Anyone (ages 4 to 104) can learn to code, with no experience needed!

For: Grades K-5 parents/caregivers and students

Facilitators: Christina Bauer, Ph.D., CH-UH Program Specialist for Technology

Location: Computer Lab 1, Room 113

Help With Math Homework

10 - 10:50 a.m. (Session 1)

Description: This session will mainly focus on middle school (but all are welcome!) and will introduce resources to use at home. If you have or will be having a middle school person in school this session will offer tips on math homework, resources, and an introduction to Big Ideas Math.

For: K-8 parents/caregivers only

Facilitator: Paul Gustafson, Heights Middle School Teacher

About the Facilitator: Mr. Gustafson is a Cleveland Heights High graduate and this year is an instructional coach at Heights Middle School. He received his Bachelor of Science degree from Cleveland State and is highly qualified to teach math and science in grades 4 through 9.

Location: Room 239

Info to Go @ Your School Library

10 - 10:50 a.m. (Session 1)

Description: Are you ever at a loss attempting to assist your child with homework or a school project? Are you looking for ways to help your child be more successful in the classroom? Our librarians will show you excellent free online resources to accomplish these goals and many more.

For: Middle and high school parents/guardians and students

Facilitators: Amy Bloomberg, Heights High School Librarian; Joellen Denk, Heights Middle School Librarian;

Katherine Lawrence, Heights High School Librarian

About the Facilitators: Ms. Bloomberg, Ms. Denk and Ms. Lawrence collectively have more than 50 years of experience as librarians in the CH-UH City School District.

Location: Computer Lab 2, Room 115

Reaching the Third Grade Guarantee

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Is your student in second or third grade? Would you like to know more about the Third Grade Reading Guarantee? This session will include tips and facts to guide you and your student on the journey to fourth grade. We will introduce you to some easy to use games and activities which you can use at home.

For: Grades K-5 parents/caregivers and students

Facilitators: Karen Heinsbergen, M.A., CH-UH Program Specialist for Literacy; Julie Raffay, M.A., CH-UH Instructional Specialist for Science

Location: Room 237

STEM: Hands-on, Fun Learning at Home

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: This session will provide ideas, activities and resources for hands-on STEM related learning that can be completed easily at home.

For: Grades K-5 parents/caregivers and students

Facilitator: Jacquelyn Taylor, CH-UH City Schools STEM Instructional Specialist

About the Facilitator: Ms. Taylor holds an M.Ed in Administration and has 15 years of teaching experience.

Location: Room 219

The IB LP for Me! (International Baccalaureate Learner Profile)

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Families will explore the IB Learner Profile and learn how these traits, working together, make internationally-minded people.

For: K-8 parents/caregivers and students

Facilitator: Melissa Garcar, CH-UH City Schools IB Program Specialist

About the Facilitator: Melissa Garcar is entering her 28th year in the CH-UH school system. After 20 years in the classroom, she transitioned to one of the district's two program specialists for the International Baccalaureate. She currently works with teachers at Roxboro, Canterbury, and Roxboro Middle school.

Location: Room 236

SPECIALIZED POPULATIONS

Gifted at Heights: Opportunities, Practices and Partnerships

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: This session will help explain gifted state requirements for testing, identification and programs. The session will also discuss the variety of gifted programs that are available at our schools. The CH-UH gifted programming nurtures the unique social-emotional and intellectual needs related to giftedness while providing an environment that fosters 21st century skills.

For: Parents/caregivers and students of all grade levels

Facilitator: Sherri Bellini and Tammy Heldman, CH-UH City Schools Gifted Intervention Specialists

About the Facilitator: Ms. Bellini has served as a gifted intervention specialist for 20 years in the CH-UH district. She has a Master's degree in gifted education through Cleveland State University. Ms. Bellini is also a parent in the District and has a child that has participated in gifted services. Ms. Heldman holds a Master's degree in gifted education from Cleveland State University. She is going into year 12 of teaching and year 8 of working with gifted students.

Location: Room 235

Personal Perceptions and Practices of Behavior Management

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: This session is interactive and reflective regarding personal perceptions and how they can drive practices of behavior management. Participants will learn to recognize whether the behavior management techniques they currently use are positive and productive.

For: Parents/caregivers of students in all grade levels

Facilitator: Paul Rusinko, CH-UH City Schools Coordinator of Student Services

About the Facilitator: Mr. Rusinko joined the CH-UH School District in 2018. He holds an MA from The University of Akron.

Location: Room 137

Planning For Your Child's Upcoming IEP - What's New this Year

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

Description: The Ohio Department of Education made updates to the IEP that go into effect the 2018-19 school year. Please join us in learning about the IEP changes, what to expect in your meeting, communication throughout the school year regarding progress, and how to best advocate and participate within our child's special education program.

For: Parents/caregivers of students in all grade levels

Facilitators: Lindsay Baar, M.Ed. and Erin Hanna, Ed.S., CH-UH Coordinators of Student Services

About the Facilitators: Ms. Baar is entering her second year in the CH-UH City School District. She previously worked as an intervention specialist and principal for the Geauga County ESC. Lindsay has an excellent background in working with adolescents, transition planning, career technology/work study programs, and preparing students for graduation and beyond. Ms. Hanna is entering her fifteenth year in the District. She worked as an intervention specialist prior to joining the administration team in 2011. Erin has experience with all age levels and enjoys working closely with families to ensure they are connected to all of the resources and programming based on their child's unique needs.

Location: Room 133

Supporting English Learners

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: Information for families of English Learners new to the district. Topics include communicating with school staff, understanding Infinite Campus, navigating the district website, and completing annual school forms.

For: Parents/caregivers and students of all grade levels

Facilitator: Kathleen Scully, Heights High English/English as an Additional Language Teacher

About the Facilitator: Ms. Scully received her TESOL endorsement from KSU in 2012. She holds a Master's of Secondary Education with a concentration in comprehensive English from University of Toledo, and earned her B.A. in English from Kent State University in 1993.

Location: Room 224

TRANSITIONS

Middle School is Awesome!

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: The session will address the transition from elementary to middle school. Participants will learn important information that will help students and their families experience navigate the unique challenges and embrace the opportunities associated with middle school. Topics will include academics, IB, AVID, friendships, social media, clubs, and the Where Everyone Belongs (WEB) program.

For: Parents/caregivers and students grades 6-8

Facilitators: Rachel Coleman, Campus Administrator of Heights Middle School; Patrick McNichols, Principal of Roxboro

at HMS; Jeff Johnston, Principal of Monticello at HMS

Location: Room 233

Welcoming and Supporting High School Students

10 - 10:50 a.m. (Session 1)

11 - 11:50 a.m. (Session 2)

12:40 - 1:30 p.m. (Session 3)

Description: This session will highlight the important aspects of high school including credits, clubs, supports and more at Heights High School.

For: Parents/caregivers and students grades 9-12

Facilitator: John Fullerman, Heights High Assistant Principal

About the Facilitator: Mr. Fullerman is the 9th Grade Principal at Heights High. He holds a Master's in Education from John Carroll University.

Location: Room 231

Course Listing by Session

Session 1 (10-10:50 a.m.)

- Building Your Toolkit: Happier, Healthier Home and School Environments Room 226
- "Ending the Silence" for Families Room 227
- Family Code Time You Can Code, Too! Computer Lab 1, Room 113
- Gifted at Heights: Opportunities, Practices and Partnerships Room 235
- Help With Math Homework* Room 239
- Info to Go @ Your School Library* Computer Lab 2, Room 115
- Keep Calm and Parent On Room 225
- Middle School is Awesome! Room 233
- Personal Perceptions and Practices of Behavior Management Room 137
- Planning For Your Child's Upcoming IEP What's New this Year Room 133
- Preparing Your Child to be Culturally Competent and Globally Savvy Through International Exchange Room
- Reaching the Third Grade Guarantee Room 237
- Repairing Relationships Through Restorative Practices Room 229
- Safety Tips for the Whole Community Room 131
- Scholarship Awareness: How To Be Strategic in Finding Money for College Mini Auditorium
- STEM: Hands-on, Fun Learning at Home Room 219
- Supporting English Learners Room 224
- The IB LP for Me! (International Baccalaureate Learner Profile) Room 236
- The Things They Forgot to Tell Me About Kindergarten at the Baby Shower* Room 129
- Welcoming and Supporting High School Students Room 231

Session 2 (11-11:50 a.m.)

- Building Your Toolkit: Happier, Healthier Home and School Environments Room 226
- "Ending the Silence" for Families Room 227
- Equipping Parent Leadership Teams Room 215
- Family Code Time You Can Code, Too! Computer Lab 1, Room 113
- Gifted at Heights: Opportunities, Practices and Partnerships Room 235
- How to Read with Children* Room 129
- Keep Calm and Parent On Room 225
- Middle School is Awesome! Room 233
- Navigating the Infinite Campus Parent Portal Computer Lab 2, Room 115
- Personal Perceptions and Practices of Behavior Management Room 137
- Planning For Your Child's Upcoming IEP What's New this Year Room 133
- Preparing Your Child to be Culturally Competent and Globally Savvy Through International Exchange Room
- Reaching the Third Grade Guarantee Room 237
- Repairing Relationships Through Restorative Practices Room 229
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- STEM: Hands-on, Fun Learning at Home Room 219
- Supporting English Learners Room 224
- The IB LP for Me! (International Baccalaureate Learner Profile) Room 236
- The Power of Digital Video Production* Digital Video Production, Room 123 Welcoming and Supporting High School Students Room 231
- Who Will Invent The Future? Room 217

^{*} indicates session 1 only, does not repeat

^{*} indicates session 2 only, does not repeat

Session 3 (12:30-1:40 p.m.)

- Conscious Discipline At Home!* Room 239
- "Ending the Silence" for Families Room 227
- Equipping Parent Leadership Teams Room 215
- Family Biking Safe and Smart* Rooms 034 & 036, then West parking lot (between school and football field)
- Family Code Time You Can Code, Too! Computer Lab 1, Room 113
- Gifted at Heights: Opportunities, Practices and Partnerships Room 235
- Help! My Toddler is Having a Fit!* Room 129
- It's Not How Smart You Are, but How You are Smart: Optimizing a Child's Full Potential Room 222
- Keep Calm and Parent On Room 225
- Middle School is Awesome! Room 233
- Navigating the Infinite Campus Parent Portal Computer Lab 2, Room 115
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Thank You to Our Resource & Program Fair Partners!

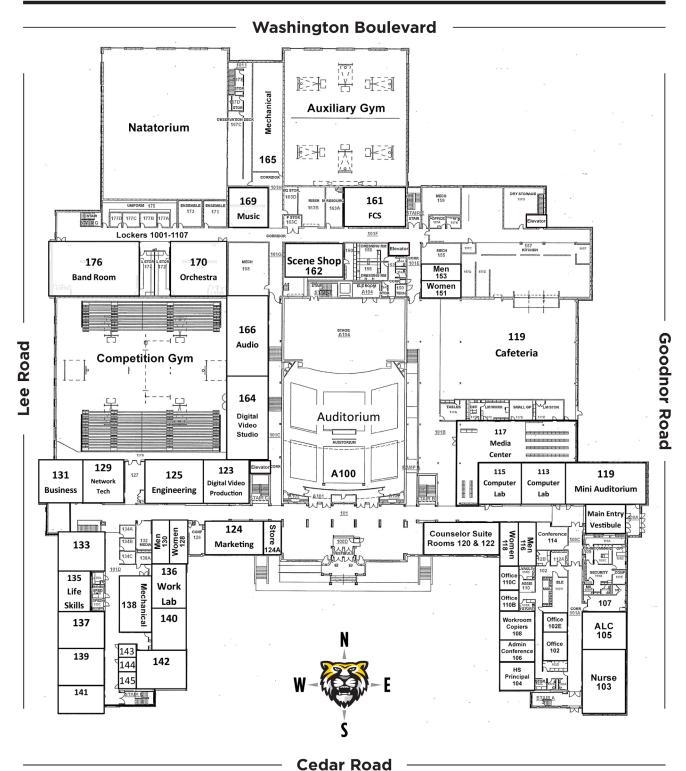
AVI Fresh
CH-UH Athletic Department
CH-UH Student Services Department
Cleveland Heights Parks and Recreation Department
Cleveland Rape Crisis Center
Cuyahoga County Board of Developmental Disabilities
Family Connections

FAST

Greater Cleveland Food Bank
Heights High National Honor Society
Heights Libraries
Heights Schools Foundation
Kimistry - Kim Brazwell Books
Lake Erie Ink
Milestones Autism Resources
NAMI Greater Cleveland
New Community Bible Fellowship
PTA
Reaching Heights

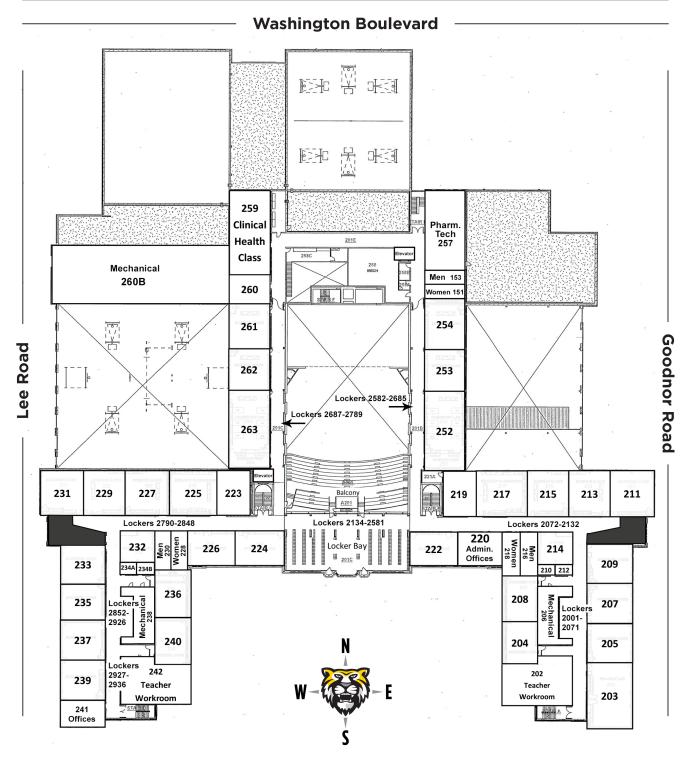


1ST FLOOR CEDAR LEVEL





2ND FLOOR



Cedar Road