

HEIGHTS

ACADEMY

Family



SEPTEMBER 14, 2019 • 10 AM TO 2 PM • HEIGHTS HIGH SCHOOL

Welcome to the Heights Family Academy! Built to strengthen the fabric of support for our students, the academy offers families the opportunity to select sessions based on the developmental needs of their children as well as specific areas of interest. The CH-UH School District recognizes that families play an important role in the education of their children and that learning continues beyond the school walls. As a child's first teacher, families are an integral part of student success. Stronger family-school partnerships are key to the district's mission, vision, and school improvement goals.

GENERAL INFORMATION

Transportation: Buses will run from each CH-UH elementary school based on registration. Please be at one of the elementary schools OR the Cleveland Heights Community Center beginning at 9 a.m. If you miss the pick-up time or are otherwise unable to utilize the bus, please call 216-320-2204. Buses will depart Heights High to return to pick-up locations beginning at 2 p.m. If you drive, please remember that with any adjacent, free, street parking, drivers must adhere to signage and parking regulations. The municipal lot located on Cedar and Lee requires quarters every hour.

WiFi Access:

1. Connect to the CHUHPublic
2. Open a new browser
3. Enter credentials below on the CHUH authentication webpage
4. If the web browser does not appear, close the web browser window and reopen it. The login: USERNAME: boeguest | PASSWORD: Welcome2020 (case sensitive)

Privacy Rooms: If you are a nursing mother, a teacher workroom is available for you, should you desire a private space. The room number is 242. Within the workroom, there is a smaller room labeled "Task Room" which can be used if additional privacy is desired. "Do Not Disturb" signs are also in the room to hang on the doorknob.

Schedule of Events

Registration and Breakfast: 9:30 - 10 a.m.

Welcome from Superintendent Ms. Elizabeth Kirby: 10 a.m.

Community Cafe: 10:10 - 11:15 a.m. (Cafeteria)

Join us for a guided dialogue that will shape the future of family engagement in CH-UH. The community cafe will be structured in the popular, inclusive [World Cafe model](#). Your contributions will help inform the District's Family Engagement plan. This will be a wonderful opportunity to provide your thoughts and ideas on the role of family partnerships!

Session 1: 11:25 a.m. - 12:15 p.m.

Session 2: 12:25 - 1:15 p.m.

Lunch and Closing Remarks: 1:25 - 2 p.m.

Evaluation

Your feedback is welcome! Please use the following link to evaluate the Academy and sessions: <https://forms.gle/Va2r1xfyTWbHy9Px5>

You may also use the paper copy at the end of this booklet; please submit it on your way out today.

QR Code:



EARLY CHILDHOOD

Families as Partners - We're All In This Together!

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: Families will explore how they are an asset to their child's education and why family engagement is critical to the success of an early learner. Activities and discussion will be facilitated from joint lenses of typically developing children and children with special needs.

For: Parents/caregivers of preschool-age children

Facilitators: Erin Hanna, M.Ed., Ed.S. - Coordinator of Student Services; Danielle Foran, M.Ed., - Early Childhood Specialist

About the Facilitators: Erin grew up in CH-UH and started her teaching career in CH-UH 16 years ago as an intervention specialist in elementary and middle school. She has been in an administrative role serving students with exceptionalities in preschool thru high school for the past eight years. Erin is a strong advocate for inclusive practices and empowering families to work with their school based teams in proactively planning for their children's success.

Danielle grew up in Lakewood and attended John Carroll University. This is her eleventh year in Early Childhood and fourth year serving as the district's Early Childhood Specialist. Danielle has been working with district representatives, staff and families to create strong family engagement strategies that benefit children in the classroom and beyond.

Location: Room 139

Handling the Fits and Fussing

11:25 a.m. - 12:15 p.m. (Session 1)

Description: Experiencing emotions are a normal part of life, yet for many parents helping young children navigate the 'messy' ones can feel overwhelming. In this session parents will learn why adult composure is key for supporting children's self-regulation along with other strategies that guide and support children through their emotional upsets.

For: Parents/caregivers of preschool-5th graders

Facilitator: Joan Morgenstern

About the Facilitator: Joan is an Early Childhood Educator with more than 30 years of professional experience. She has extensive training in Conscious Discipline, is a certified Breakthrough Parenting Instructor and a certified trainer in the Nurtured Heart Approach. Her work as a classroom teacher, school director and mom of three have provided her with extensive practical experience and enhanced her breadth and depth of knowledge in the field of child development. Joan currently works at Senders Pediatrics where she leads parenting classes, one-on-one parent coaching sessions and community outreach programs.

Location: Room 133

How to Strengthen Your Child's Reading Muscle

11:25 a.m. - 12:15 p.m. (Session 1)

Description: Families will learn about grade level expectations, gain an awareness of their child's strengths and weaknesses, and learn fun strategies and games to enhance their child's learning.

For: Preschool/Pre-K families

Facilitator: Charniece Holmes, M.A. - Family Connections Coordinator

Location: Room 137

EMPOWERMENT & ADVOCACY

Navigating the Infinite Campus Parent Portal

This is a drop-in workshop; attendees can come at any time from 10:10 a.m. to 1:15 p.m.

Description: Parents and caregivers can sign up for an Infinite Campus portal account (or update an existing account) and learn what features are available to track their students' progress. Learn where to locate reports, track student absences, assignments and in-progress grades, and view assessment results.

For: Parents/caregivers of students in all grade levels

Facilitator: Betsy Gilmore, CH-UH City Schools IT Application Specialist

About the Facilitator: Ms. Gilmore has a total of 24 years in K-12 public education, the past 15 at CH-UH Schools. She works in the Data, Research and Assessment Department as the Infinite Campus System Administrator.

Location: Computer Lab (Room 113)

Personal Narratives: Writing about You

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: Everyone has a story. In this relaxed, fun workshop, we will do some writing activities designed to bring out a story about your authentic self. Learn how to brainstorm creatively, use colorful and figurative language, and approach telling the story on paper.

For: Middle & high school families

Facilitator: Cliff Sweeney, writer-artist and educator with Lake Erie Ink

About the Facilitator: Cliff Sweeney is a professional educator specializing in creative writing and expression. He holds a degree in child development and works within the CH-UH schools.

Location: Room 142

Scholarship Awareness: How To Be Strategic in Finding Money for College

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: The presentation will include an overview of the types of scholarships, criteria, searching/finding scholarships, and how to apply for scholarships. Participants will be able to understand the importance of creating a scholarship plan.

For: Parents/caregivers and middle/high school students

Facilitator: Jacqueline D. Blockson, Heights High Guidance Technician

About the Facilitator: For the past 29 years, Ms. Blockson has assisted students and families with the college and scholarship application process; educated at Northwestern University, Medill School of Journalism.

Location: Mini Auditorium

Welcome to Heights High School

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: The interactive session will provide helpful information to families for the transition to high school. Attendees will learn the requirements for graduation as well as the many resources/supports available to families of CH-UH at the high school.

For: High School Families

Facilitator: John Fullerman, Heights High Assistant Principal

About the Facilitator: John Fullerman is the 9th Grade Assistant Principal at Heights High. He holds a Masters in Education from John Carroll University.

Location: Room 136

Where Your Tax Dollars Go

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: CH-UH is a residential community, which means our schools are primarily funded by our property taxes. (Thank you!) You have a right to know where your money is going and how it's being spent to educate our children. This session will explain where your tax dollars go.

For: Parents/caregivers

Facilitators: Jodi Sourini, CH-UH Elected Board of Education Member, President; James Posch, CH-UH Elected Board of Education Member, Vice President

Location: Room 161

HEALTH & WELLNESS

Healthy Kids Back-to-School Kickoff!

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: Learn about nutrients critical for childhood development, simple recipe ideas, easy inexpensive snacks that support brain development, and more. We'll also explore ideas for structure to assist children with learning disabilities. Samples provided!

For: Parents/caregivers and students of all grade levels

Facilitator: Viva Wellness

About the Facilitator: Sabra is a single mom of seven (1 elementary, 1 middle school, 3 high school students and 2 adult children) passionate about health, wellness and our environment. Seeking nutritional alternatives for her lupus, she discovered natural options for herself as well as her children with asthma and difficulty focusing on school work. Dedicated to helping others build optimal health, Sabra is pursuing personal trainer certification and eventually a nutrition degree.

Location: Room 233

Investing vs. Speculation: How to Know if You are Finding Value or Wasting Time & Money

11:25 a.m. - 12:15 p.m. (Session 1)

Description: Are you an intelligent investor? Want tips to help your portfolio perform better immediately? Join us to learn some investing principals brokers WON'T teach you.

For: Parents/caregivers only

Facilitator: Ron Shaw, President of Reserve Investment Group

About the Facilitator: Ron Shaw is a Financial Executive for Reserve Investment Group. Ron's been in the financial arena for over 10 years and loves teaching the community the financial secrets that advisors don't want you know. Ron is an author and co-host of the Real Wealth Weekly Podcast. He is a member of the National Association of Insurance and Financial Advisors and holds several professional designations.

Location: Room 231

Money Minded: Building Your Financial Foundation, Including Financial Tips for Teens

12:25 - 1:15 p.m. (Session 2)

Description: Attendees will learn how to build their family's financial foundation, saving & investment tips, creating generational wealth, preparing financially for college and dodging the consumer credit trap. Parents and students will learn to activate their "money minds" when dealing with important money matters and make the best financial decisions for themselves and families.

For: Parents/caregivers and students

Facilitator: Ron Shaw, President of Reserve Investment Group

About the Facilitator: Ron Shaw is a Financial Executive for Reserve Investment Group. Ron's been in the financial arena for over 10 years and loves teaching the community the financial secrets that advisors don't want you know. Ron is an author and co-host of the Real Wealth Weekly Podcast. He is a member of the National Association of Insurance and Financial Advisors and holds several professional designations.

Location: Room 231

Using Google Apps to Keep Your Family Organized

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: Learn how 3 Google apps can help your busy family stay organized throughout the school year. This session will introduce parents/guardians to Google Keep, Google Calendar, and Google Sheets. Being organized can impact the emotional health and wellness of the family. Prerequisite: Know your Gmail account username and password so you can login to a computer in our lab. To make a new account, go to <https://accounts.google.com> before the workshop.

For: Parents/caregivers and students

Facilitator: Dr. Christina Bauer, CH-UH Coordinator of Technology

About the Facilitator: As a Google Certified Educator and Trainer, Dr. Bauer works with staff members throughout our district to help them use Google apps effectively in teaching and learning. As a parent of 3, she uses Google tools to try to keep her family running smoothly.

Location: Computer Lab (Room 115)

INSTRUCTION: LEARNING AT HOME

Creating a Literacy-Rich Environment at Home

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: Join the CH-UH Curriculum and Instruction team to learn strategies for increasing your student's reading comprehension through Before, During, and After reading strategies. Learn about the print and online resources your student reads in each of the content areas.

For: Grades K-5 families

Facilitators: Bob Swaggard, Director of Curriculum and Instruction; Joyce Bukovac, K-12 Mathematics Instructional Specialist; Karen Heinsbergen, K-12 Literacy Instructional Specialist; Julie Raffay, K-12 Science Instructional Specialist; TeKara Ray, K-12 Social Studies Instructional Specialist

Location: Room 225

Meet Me in the Middle School

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: Content, assignments, and homework get more challenging in middle school for kids and adults, right? This session will provide information to help find a middle ground between kids and adults where collaboration can occur instead of frustration. Simple instructional strategies, apps and websites, and ideas for supplies to make homework more doable and beneficial will be shared. Empowering kids now with skills to complete homework and study for success can support learning for a lifetime!

For: Middle school families

Facilitator: Kay Milkie, Monticello Middle School Instructional Coach

About the Facilitator: Kay has been a teacher of elementary and middle school students for 30 years. She earned a Master's of Reading K-12, which allowed her to also be an adjunct instructor at John Carroll University.

Location: Room 239

Parent Power! How to Be YOUR Child's Best Advocate

11:25 a.m. - 12:15 p.m. (Session 1)

Description: We will share helpful tools from the Parent Mentor and Exceptional Children's Advocacy Group (ECAG) on how to be an empowered and knowledgeable parent at the IEP table and at all stages of your child's special education process. Our objective is to provide tools to empower and educate parents. Participants will take away real-life examples (handout to take away) and also have had a chance to participate in a lively two-way discussion.

For: Families and students of all grade levels

Facilitator: Amy Kerr-Jung, Reaching Heights Parent Mentor

About the Facilitator: Amy has a bachelor's degree from Wittenberg University and career experience as a community researcher and educator.

Location: Room 226

Strategies to Strengthen Reading Comprehension & Written Expression

11:25 a.m. - 12:15 p.m. (Session 1)

12:25 - 1:15 p.m. (Session 2)

Description: If you or someone you know has difficulty in reading words, then check out some strategies that can help support readers at all ages. This session will explain the 6 syllables of the English language, exceptions to those syllables, strategies to help with reading comprehension, written expression, strategies for spelling and vocabulary development.

For: Families and students of all grade levels

Facilitator: Tristan Carrier, M.A. - CH-UH Intervention Specialist, Wilson Dyslexic Certified Practitioner

Location: Room 227

Understanding the Needs of Gifted Children

11:25 a.m. - 12:15 p.m. (Session 1)

Description: This session will provide an overview of the nature and needs of gifted children, including social and emotional characteristics, learning characteristics, and information on special populations such as twice-exceptional and other underrepresented groups. Participants will also receive information on state regulations and testing opportunities in the district. Information on supporting students both at home and at school will be provided as well. Participants will be shown how to access resources for gifted students.

For: Parents/guardians of all grade levels

Facilitator: Tammy Heldman, Noble & Gearity Gifted Intervention Specialist

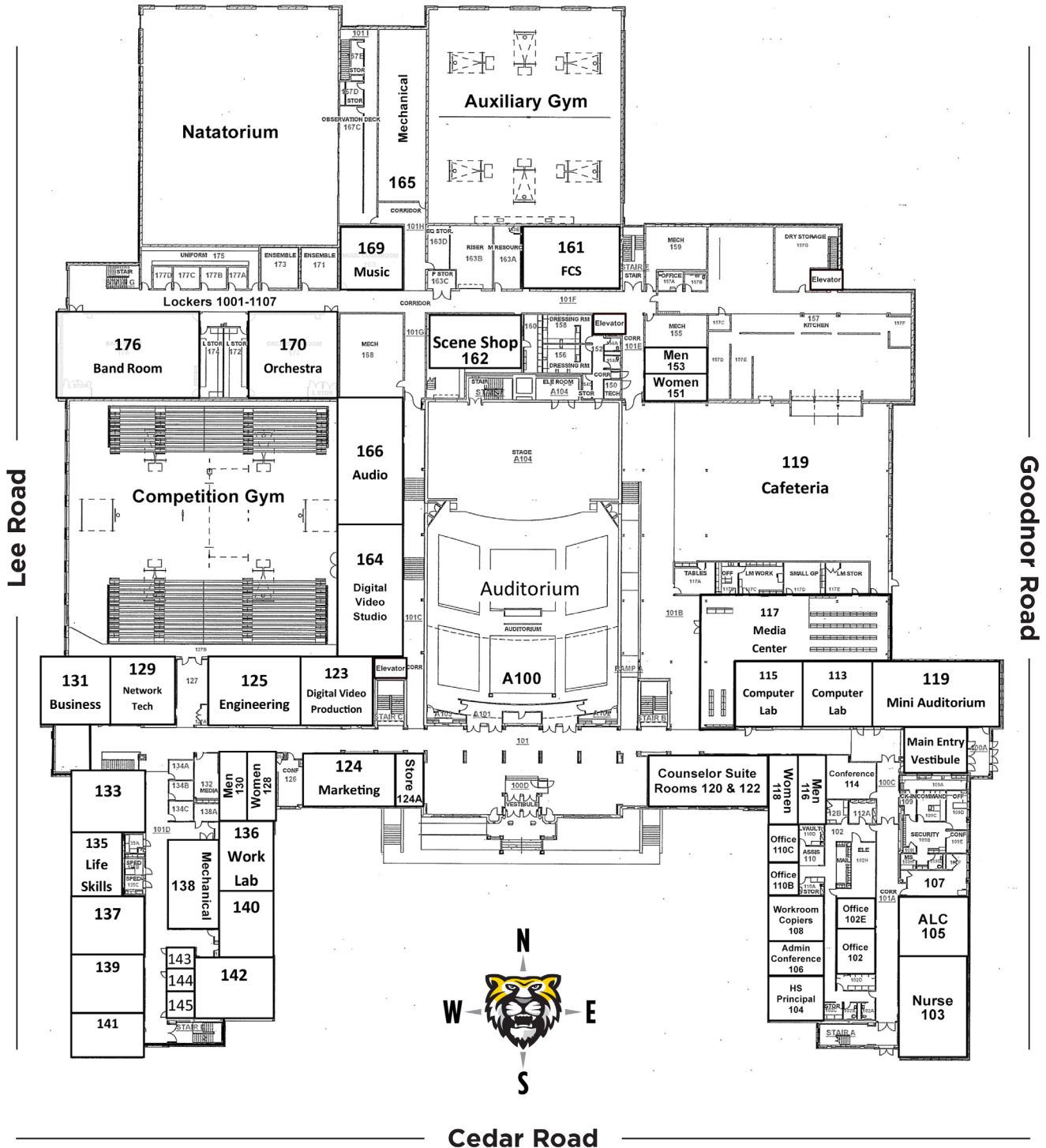
About the Facilitator: Tammy is going into her thirteenth year of teaching and her ninth year of working with gifted students. Mrs. Heldman received her undergraduate degree in Middle Childhood Education from Ohio Wesleyan University. Her Master's Degree is in Gifted Education from Cleveland State University.

Location: Room 224



1ST FLOOR CEDAR LEVEL

Washington Boulevard

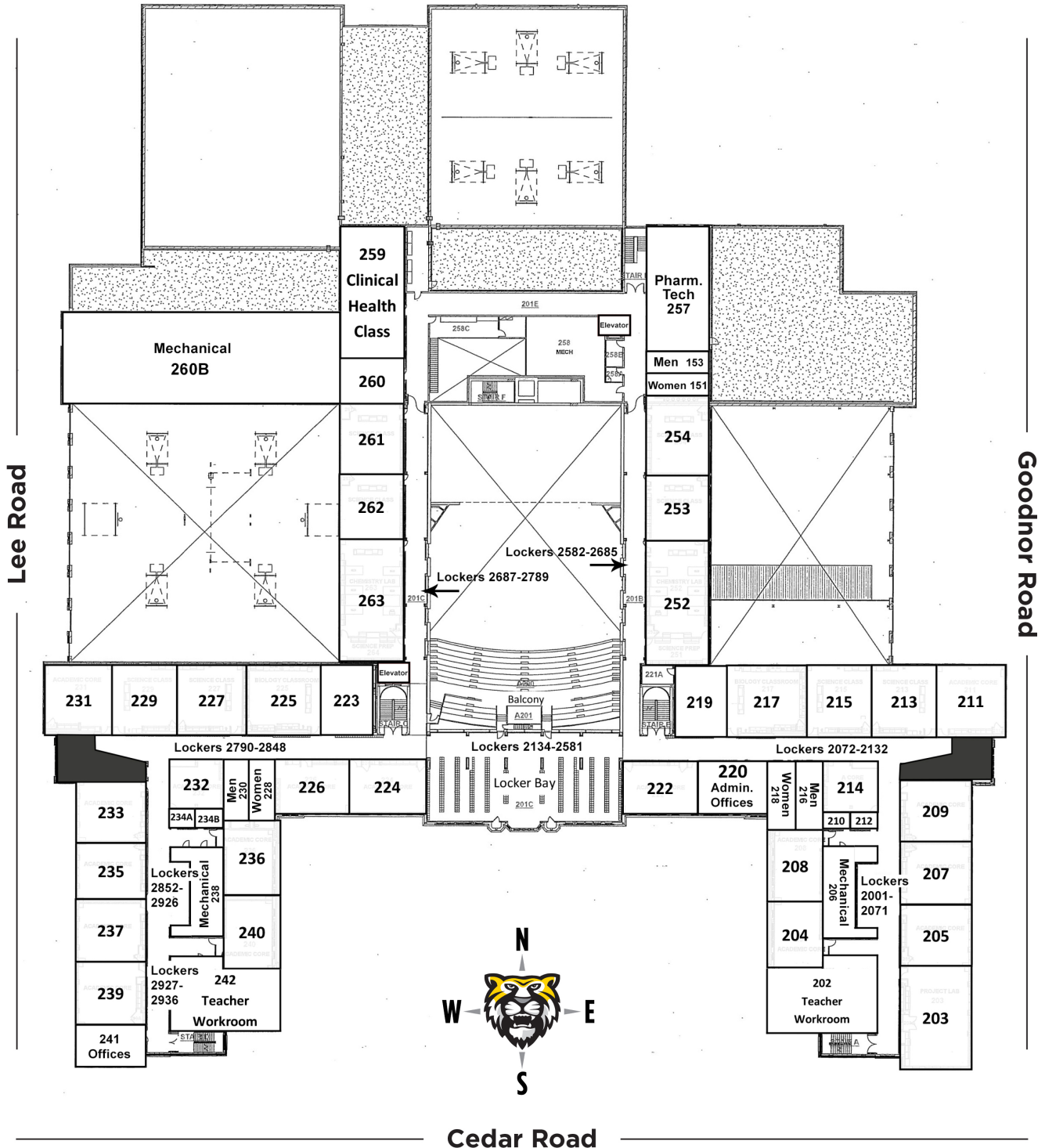


Cedar Road



2ND FLOOR

Washington Boulevard



Heights Family Academy Event Evaluation

Thank you for attending Heights Family Academy! Your feedback is greatly appreciated and extremely important. We will use this information to shape how this program will be offered in the future. Thank you for your time and opinions.

On a scale from 1-5, five being the best, how would you rate this event?

1	2	3	4	5
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Did you learn something new today?

- Yes
- No
- Maybe

Will you recommend the next Heights Family Academy (February 29, 2020) to your friends and family?

- Yes
- No
- Maybe

