

HEIGHTS UNITED

*Professional training in
Northeast Ohio since 1994*

and

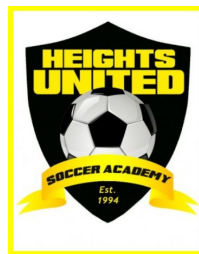
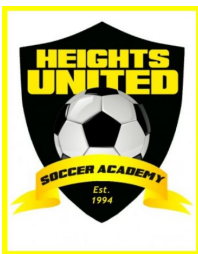
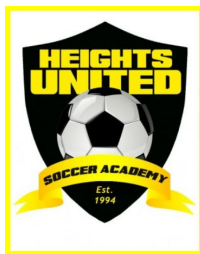


Present:

Socially Distant Soccer Training

On Denison's Premier Turfed Field

1015 Quarry Drive, Cleveland Heights



When: Every Saturday Beginning April 17th - May 15th

Where: Denison Premier Turfed Soccer Field in Cleveland Heights

Times: 1 Hour Training Session. **10:00 am** Ages 2.5 to 5. **11:00 am** Ages 5.5 and up.

Enrollment is limited due to CDC Guidelines

Cost: \$49 (+ \$4.62 online registration fee)

Register at : www.heightsunitsoccer.com

Call: 216-849-4505

All participants will receive professional soccer training from Cleveland Heights High School Hall of Fame Teacher and Coach, Sean Sullivan. Coach Sullivan and his staff (all Heights High graduates) will provide elite functional, foundational soccer instruction and developmentally appropriate speed, agility and core body training. **Come be a part of a Heights Tradition!**

Due to complexities of Covid-19, multiple player games and scrimmages will not be available this season. In its place will be FUN functional drills, individual games and opportunity to practice and refine skills. Every player, (and family) will **receive their own 10 ft by 10 ft personal training space** within one of three stations. Players and families will rotate (in a socially distant manner), through each station. The stations will include foundational footskills, dribbling and shooting on goal. **All sessions will end with our famous speed and agility training to music.**

Our primary focus is to provide a safe, nurturing and welcoming soccer environment for all to enjoy while keeping socially distant.