

Wellness Committee Minutes

Meeting Date: December 13, 2018

Next Meeting: January 30, 2019 @ BOE 3:30-4:30PM

Attendees: Karen LaBoda, Carol Prendergast (Gallagher)

Discussion focused on restarting Wellness Committee meetings. For the time being, Bob Rinehart or Scott Gainer may be contacted regarding any questions. Karen will conduct January 30th meeting.

Carol needs receipts, check detail info and any other back-up documents for Wellness Committee expenditures by Wed., December 19th.

PD Day luncheon must be clearly tied in with employee's health & wellness education in order to be considered for reimbursement. Must be able to document AVI employees providing educational information to the district employees during the luncheon, recipe cards, AVI holding the educational sessions during the PD Day, etc. There must be a solid connection.

Upcoming topics: Contact Paul G. to gather pricing for 3 Muse units per building (for employee use) & review the Muse device again at the January meeting so a vote can be taken regarding purchase of the units.