



MEMORANDUM

Date: April 6, 2018
To: CHUH Staff
From: Healthy Tiger Nation, Wellness Committee
Re: Healthy Tiger Nation Facelift

The Wellness Committee is pleased to announce that the Healthy Tiger Nation portion of the Cleveland Heights - University Heights City School District website is starting to undergo a much needed renovation.

It is our hope to fill the Healthy Tiger Nation with information that the entire CHUH staff will consider relevant, timely and fun. We welcome your suggestions and comments; this website is for you!!!!

As always, the Wellness Committee would like to encourage each of you to join us at a monthly meeting. There are a number of ideas that are still in planning stages, and we appreciate the extra input and assistance that's critical to launching a really successful event. Be sure to check back to the Healthy Tiger Nation section frequently to review any updates, meeting minutes, health tips, and upcoming events.

Mission Statement:

"To encourage and support the health and Well-being of our Tiger Nation by promoting a healthier lifestyle long-term and making healthy living fun."