

PEEK AT THE WEEK

OCTOBER 24, 2022



Mission: We expect all students to strive for "B" or better. We have support available for all students to experience academic success.

PARENT-TEACHER CONFERENCES

Parent-Teacher Conferences will take place on **Wednesday, November 9th** from 2 p.m. - 8 p.m.

[Click here](#) for more information.

HEALTH CLASS OPT-IN LETTER

The opt-in letter for the upcoming sexual education curriculum must be returned by **ALL students in health class** whether parents are opting their child in or out.

Completed letters must be returned by **Friday, November 11th**.

[Click here](#) for a copy of the opt-in letter

OCT. 27 - FIRE DRILL DISMISSAL

On Thursday October 27th, students will be dismissed at the end of 8th period via rapid fire drill. Students - be sure to have everything you need for the weekend with you going into 8th period.

THE BLACK & GOLD NEWSPAPER

The 2nd issue of the *Black and Gold* is out! [Click here](#) to read the latest news.

HEIGHTS PTSA NIGHT

Join the PTSA at the Cavs games on **Oct. 30** or **Nov. 30** to cheer on the Cleveland Cavaliers and raise money for the PTSA.

Purchase your tickets [here](#)!

PTSA FIRST FRIDAY LUNCH

Have lunch on the PTSA!

Every first Friday of the month the PTSA will host a 'First Friday Lunch' in the mini auditorium for **20 Heights High** students featuring outside speakers, board games, and more. [Sign up here](#)!

THE TIGER SHOP IS OPEN!!

WHERE?
Room 124A

WHEN?
Afterschool Weds. through Fri. & by appointment

CHECK OUT THEIR PRODUCTS!

Heights High School



ATHLETIC EVENTS

Heights Athletics Ticket Policy

- 1) Tickets are required for ALL students who wish to attend athletic events.
- 2) Students **MUST** present their CHUH Student ID to enter. If you do not show your student ID you will not be permitted entry to the games. No refund will be issued.
- 3) Bookbags are **NOT** permitted inside CHUH athletic events.
- 4) **NO** outside food or drinks are permitted at CHUH athletic events.

BECOME A MEMBER OF SADD

We are looking for students to join SADD (Students Against Destructive Decisions). The mission of SADD is to empower and mobilize students and adult allies to engage in positive change through leadership and smart decision making. All are welcome!

Please contact [Mrs. Craig](#) or [Ms. Kirkpatrick](#) for more information.

EDUCATIONAL TALENT SEARCH RECRUITMENT

Educational Talent Search is looking for you! We are looking to recruit first generational students (all students) to be in our program. We prepare students for the postsecondary life. Students will have opportunities for tutoring, eligible for scholarships and college and career exposure trips; plus so much more.

For more information, please reach out to Ms. Esyla in room 219 or Mrs. Bing in room 220! Parents and students can [click here](#) to fill out the application.

TRIP TO PARIS, FRANCE

Attention to all French students grades 9 - 12:

Information about the trip to Paris, France has been sent to families of students taking French this year. **Deadline to register for the trip is October 30th.** Please check your email and/or junk mail.

If you have any questions, please contact Madame Woods at melha_woods@chuh.org.

VMD FALL MUSICAL

The Heights High VMD is performing **Sister Act - The Musical** for this year's fall musical!

Performances will be Nov. 3, 4, and 5 at 7 p.m. and Nov. 6 at 4 p.m.

Visit www.clevelandheightschoirs.com to purchase your tickets or call 216-320-3105 for more ticketing information. Tickets will go quickly so buy yours early!



YOUTH RESEARCH FOR SOCIAL CHANGE

Youth Research for Social Change is a two-year long program for high-school aged youth in Cleveland, which will be housed at the LGBT Community Center of Greater Cleveland. In this program, youth will work with staff from the LGBT Community Center and professors from Cleveland State University to design their own research projects, conduct research, and use that research to promote positive social change for LGBTQ+ youth in Cleveland and beyond.

All youth who participate need to fit the following criteria:

- 1) Be in grades 9 - 12
- 2) Live in the Cleveland area, with plans to stay local from Winter 2022 - Winter 2024
- 3) Be passionate about issues impacting LGBTQ+ communities, especially youth

All youth who participate will learn important research skills (which support college-readiness and translate to a variety of professional environments), will earn \$100 per month (\$1,600 total), and will make change in their communities.

Youth who are interested in this program should complete the following interest form by October 31, 2022. We will continue reviewing submissions on a rolling basis, but **priority will be given to youth who submit their responses to this form by October 31, 2022.**

[Click here](#) for more information.

SOCIAL WORKER'S CORNER

October is a month of several important awareness observations. Just to name a few: October is Breast Cancer Awareness Month; Domestic Violence Awareness Month; and Emotional Wellness Month.

In addition, October 2 - 8 was **Mental Illness Awareness Week**. Mental health affects how we feel, think and act. Including some physical activity and exercise into your daily routine helps to improve mental health. Remember the national mental health crisis number is **988**.



**ALLISON
CRAIG**

C/O 2023 & C/O 2026
(I-Q LAST NAMES)



**KRISTIN
DADAS**

C/O 2024 & C/O 2026
(A-H LAST NAMES)



**LATIESA
KIRKPATRICK**

C/O 2025 & C/O 2026
(R-Z LAST NAMES)



Nurse's Notes

It's already October and our nursing team is committed to helping keep your child healthy and ready to learn!

Guidelines for school attendance after illness: It is often a puzzle trying to determine if your child is sick and should remain at home. Here are a few guidelines for keeping children home:

- Temperature over 100 degrees
- Vomiting within 24 hours
- Diarrhea within the last 24 hours
- Skin rash of unknown origin or lesions of draining areas on skin
- Pus and/or excessive drainage from the eyes
- Acute asthmatic problems
- Untreated head lice
- Persistent coughing, sore throat, excessive fatigue
- **ASK YOURSELF: WILL MY CHILD BE ABLE TO LEARN TODAY?**



MEDICATION POLICY:

NO medications can be carried in school or administered in school without the proper paperwork on file in the nurse's office. Forms are available in the nurse's office and on the district website for both prescription and non-prescription medications.

All medication brought to school must be in the original pharmacy/store container.

If your student has health concerns, has medication that must be administered during school hours, or if you have any questions, please call the school nurse.

High School 2 the Future!

**Freshman
Checklist**

**Sophomore
Checklist**

**Junior
Checklist**

SENIOR INFORMATION PAGE

Patrick Fisher, Senior Advisor
p_fisher@chuh.org

Karen Kastor, Senior Advisor
k_kastor@chuh.org

ORDER Get ready for Graduation!

It's time to prepare for graduation! You must place the order for your cap and gown. Order today at www.jostens.com or call 880-567-8367 to order only the cap and gown for \$43.52. Information for additional graduation packages, class rings, and letter jackets can be found here.

ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a senior checklist for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

UPDATE Senior Class Page & Remind

Make sure to check the Class of 2023 page on the district website throughout the year for regular updates and important information!

Parents, stay up to date on important Senior dates, events and announcements by texting code **@chuh23** to **81010**

PREPARE College Career Readiness

Look below for more information on the colleges that are visiting Heights High this week and opportunities for seniors to get help with navigating the financial aid and application process.

College Visits for this Week in the Mini Auditorium:

Monday, Oct. 24

- 2nd period - Duquesne University
- 3rd period - Mount Holyoke **Virtual**

Thursday, Oct. 27

- 4th Period - Kent State University Geauga Campus
- 5th Period - Rochester Institute of Technology

For parents and Seniors who have missed the Financial Aid Night, the FAFSA and Scholarship Awareness presentations are on the Senior Page.

Lakeland Community College is having a college fair on Saturday, November 5th from 10 a.m. to 12 p.m.

Class of 2023 - please join Mrs. McEwen, Dr. Daniels and College Now every Wednesday during your lunch period in the media center for financial aid assistance, scholarship competition, college essay, and college applications help.

For more information please see Mrs. McEwen, the college readiness counselor in room 132. Hope to see you there!



CLASS OF 2023

EARLY DECISION ADVANTAGES:

- Fast notification for a stress-free senior year
- Increase your chances of admission
- Gain financial clarity early on
- Secure your spot in a high-demand major
- Take advantage of priority status in the housing & roommate selection process

Get your essays written, secure your recommendations and submit your applications!

APPLICATIONS DUE NOVEMBER 1ST!

STAY INFORMED!

LOOKING
AHEAD:

Records Day
*No School for
Students*
10/28

Sister Act -
The Musical
11/3 - 11/6

Professional
Development
*No School for
Students*
11/8

Senior
Picture Day
11/9

Parent-
Teacher
Conferences
11/9



CHUH.ORG - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES.

**COUNSELOR
INFORMATION**

DATA DIVE

Attendance Data - 86.25%
Goal -> 90%

Referral Data - Month of September

17 staff members wrote
53 positive referrals for
65 students, resulting in
14% of all referrals that
were positive

54 staff members wrote
468 discipline referrals
for
431 students

PBIS FOCUS: GENEROSITY

When each one of us shares with one another, we collectively make our world a better place.

Let's really strive to contribute to causes larger than ourselves. For example, make a donation to the Puerto Rican Hurricane Fiona Relief Drive, tutor a friend, help an elder in the community or volunteer at a foodbank.

You'll be surprised at how full your heart feels when you give of yourself!

Check out this [video!](#)

SECURITY SCOOP

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Full facial masks are no longer permitted at Heights High School. A full facial mask is one where we can see only your eyes. If you need a mask to cover your nose and mouth, please seek one in your cohort office.

Sunglasses are not permitted to be worn in the building.

