

**CLEVELAND HEIGHTS  
HIGH SCHOOL**

**PEEK AT THE  
WEEK**

**MARCH 4, 2024**



**Mission:** Our schools provide a **challenging and engaging education** to prepare all our students to become **responsible citizens and succeed in college and career.**

**SAT SCHOOL DAY: MAR. 6**

All 11th Graders will take the SAT on Wednesday, March 6. Students will need their fully charged Chromebooks and chargers the day of the test.

Grades 9, 10, and 12 are to follow their regular schedule for the day.

[Click here](#) to read the letter that was send out by the Guidance Department on Wednesday, February 21.

11th Graders: CollegeBoard provides access to free practice tests. [Click here](#) to learn more.

**MARKETING CTE STUDENTS TO COMPETE  
IN STATE COMPETITIONS**

Six DECA members will be competing in the 2024 State of Ohio DECA Competitions from Friday, March 8 through Sunday, March 10th in Columbus.

The students belong to the Marketing Management CTE program and have prepared and practiced for these competitions all school year.

If you see Miyonne Alston-Bey, Da'Myah Blade, Ahava Ellis, Asenath King, London Mitchell and/or Amari Chandler, please wish them good luck!



The District has adopted a plan for communications with persons with disabilities, which is available [here](#).

The plan establishes procedures to ensure that the District's communications with persons with disabilities, including applicants, participants, members of the public, and companions with disabilities, are as effective as its communications with others.

**Vision & Expectation:** A diploma in every hand. A plan in every head. A purpose in every heart.

# Women's History Month

*Celebrating Women Who Advocate for Equity, Diversity, and Inclusion*

## Events at CHHS

### Every Week

- Daily announcements and slides on TV monitors highlighting women's history facts.
- Daily highlight on school's TV monitors of women who have advocated for equity, diversity, and inclusion. [Click here](#) to view who will be highlighted during Women's History Month.



Every year, the [National Women's History Alliance](#) choose a theme for Women's History Month to celebrate and raise awareness of the contributions of women to society.

This year, the theme is *Celebrating Women Who Advocate for Equity, Diversity, and Inclusion*, which recognizes women who "understand that, for a positive future, we need to eliminate bias and discrimination entirely from our lives and institutions."



## Ida B. Wells

*(1862 - 1931)*

Ida B. Wells was an African American investigative journalist, abolitionist, and feminist who led an anti-lynching crusade in the United States in the 1890s.

She also established several civil rights organizations.

In 1896, she formed the National Association of Colored Women (NACW). She is also considered a founding member of the National Association for the Advancement of Colored People (NAACP).

**"The way to right wrongs is to turn the light of truth upon them."**

**~ Ida B. Wells**

### Additional Information On Women's History Month & Women To Celebrate

["This Is How March Became Women's History Month"](#)

["Women's History Month Colors: The History and Meaning Behind Purple, Green & White"](#)

["16 Iconic Female Figures to Celebrate During Women's History Month"](#)

["Women's History Month: Celebrating Iconic Women in History"](#)

["21 Trailblazers to Celebrate This Women's History Month"](#)

# Heights High School



## ACADEMIC AWARDS ASSEMBLIES: MAR. 8

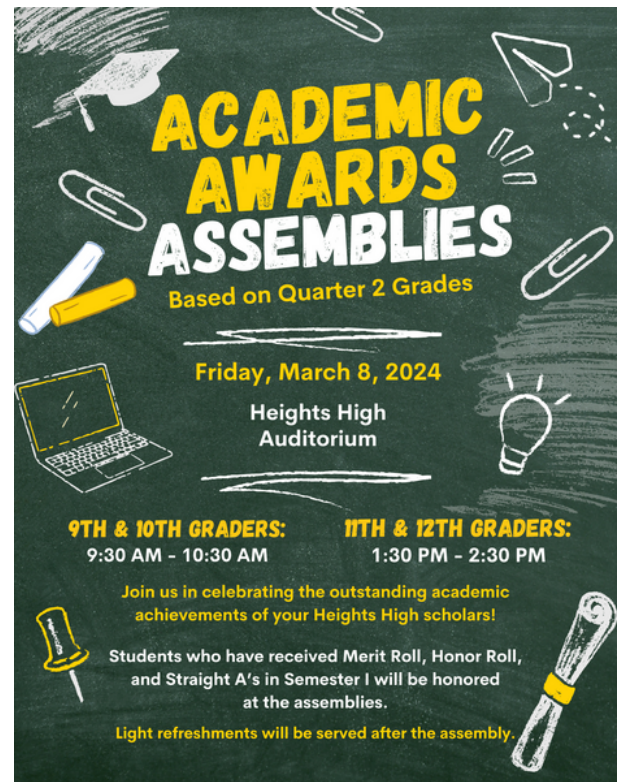
Heights High will be celebrating the outstanding academic achievements of its students this Friday, March 8 at Academic Awards Assemblies based on Quarter 2 grades in the Main Auditorium.

Students who have received Merit Roll, Honor Roll, and Straight A's in Semester I will be honored at the assemblies.

9th & 10th Graders will be honored in the morning from 9:30 - 10:30 a.m.

11th & 12th Graders will be honored in the afternoon from 1:30 - 2:30 p.m.

Light refreshments will be served after each assembly.



## BLACK & GOLD STUDENT NEWSPAPER MEETINGS ON TUESDAYS

Calling all writers, photographers, and artists - the Heights High *Black & Gold* student newspaper is back and want you on their staff!

Meetings will take place after school in Room 307 on Tuesdays from 3:00 - 3:30 p.m.  
*Note: there will be no meeting on the third Tuesday of every month.*

Questions? Please see Mrs. Tayse.

## CALL FOR EMPTY CEREAL BOXES FOR SOLAR ECLIPSE PINHOLE VIEWERS

The high school librarians are planning to conduct some activities in the lunch room in late March in preparation for the Total Solar Eclipse on April 8 and we need your help!

They plan to make pinhole viewers with the students so that the eclipse can be viewed safely. These require cereal boxes or shirt size whole boxes.

If you could save your cereal boxes and bring them to the library sometime in the next few weeks, we would be very grateful.

# HEIGHTS ATHLETIC BOOSTERS COLLEGE RECRUITING INFO PANEL: MAR. 14



**HEIGHTS ATHLETIC BOOSTERS PRESENTS**  
**College Recruiting Information Panel**

**OUR PANELISTS**

- Kahari Hicks**, Heights High assistant football coach, author of *Navigating the College Recruiting Process*, Heights grad
- Kristin Hughes**, Athletic Director at Smith College, former Athletic Director at Heights High, former head women's basketball coach at Colgate University
- Adam Dew**, Founder of videography department at NCSA, Professional videographer at Dew Media, Heights dad & grad

**WITH ALUMNI VOICES**

- Ashawn Sims**, Heights class of 2023, current D1 football player at Colgate University
- Alaysia Brooks**, Heights class of 2020, current D2 track runner at Ursuline College
- Lauren Iott**, Heights class of 2018, former D2 women's lacrosse player at Grand Valley State University
- Vince Holland**, Heights class of 2022, current club baseball player at Cleveland State University

**THURSDAY, MARCH 14 @ 7PM**

[www.heightsathleticboosters.org](http://www.heightsathleticboosters.org) @ heightsathleticboosters@gmail.com

**WHO**  
Heights High student-athletes who are interested in playing any sport at any level in college and their families

**WHY**  
To gain a better understanding of why students play sports in college, the different opportunities available, how sports can help with admission and tuition, and where to start!

**HOW**  
Watch from home on Zoom or join Coach Newton in the mini-auditorium. Register: <http://tinyurl.com/HABrecruiting>

The Heights Athletic Boosters will be hosting a **College Recruiting Information Panel** on Thursday, March 14 at 7:00 p.m. for Heights High athletes who are interested in playing any sport at the college level.

The panel will help students and their families gain a better understanding of why students play sports in college, the different opportunities available, how sports can help with admission and tuition, and where to start.

Students and families can watch the panel on Zoom or join Coach Newton in the mini-auditorium.

**[Click here](#)** to register.

Questions? Contact the Heights Athletics Boosters at **[HeightsAthleticBoosters@gmail.com](mailto:HeightsAthleticBoosters@gmail.com)**.

## HEIGHTS HIGH HALLWAY PROCEDURES

Heights High students and families, please take a moment to review the hallway procedures and expectations at Heights High School.

- 1) Students are expected to be mindful that unnecessary conversation and inconsiderate behavior distract classroom activities and will not be tolerated when in the building. Students are expected to be quick and quiet in the hallways and arrive at their assigned location or destination with as little delay as possible.
- 2) Students must have a hall pass when leaving a regularly scheduled class, mandatory activity, library, or office. Students should not loiter in the halls, entrances to the building, or other teaching areas during any period of the day, or after school. Students will need to provide their teacher with a pass if they arrive late to an assigned period and need to account for their whereabouts for the portion of the class they missed.
- 3) Students must use appropriate language and demonstrate appropriate behavior during passing periods.
- 4) Hall passes are highly discouraged during the first and last 10 minutes of each period of the day to ensure quiet learning environments. Students do not congregate in academic hallways, sit at open supervision tables and desks, or by their lockers when classes are in session.
- 5) Finally, all litter should be disposed of properly in the provided garbage or recycling receptacles.

# RED CROSS BLOOD DRIVE - APR. 9

EACH DONOR WILL BE GIVEN A CEDAR POINT PARK PASS



**DECA SPONSORED  
HEIGHTS HIGH**

**RED CROSS  
BLOOD DRIVE**

**APRIL 9, 2024 9:00 AM-2:45 PM**

- ✓ MUST BE AT LEAST 16 YEARS OF AGE
- ✓ WEIGH AT LEAST 110 POUNDS
- ✓ PERMISSION SLIP REQUIRED

**SEE THE SCHOOL NURSE OR MRS. PARKER  
IN ROOM 124 FOR PERMISSION SLIP(S).**

The Heights High DECA members will host the first blood drive of the year with the American Red Cross this Tuesday, April 9 from 9:00 a.m. to 2:45 p.m. in the Heights High Competition Gym.

Donors with all blood types are needed but especially those with types O, negative A, and negative B.

Each donor will receive a Cedar Point Park Pass.

Students who are interested in donating must be at least 16 years of age, weigh at least 110 pounds, and need a permission slip.

**Students - please see the School Nurse or Mrs. Parker in Room 124 for a permission slip.**

For more information or to make an appointment to donate, contact [Mrs. Parker](#) or sign up online [here](#).

## SENIOR ADS FOR THE CALDRON YEARBOOK

Dear Parents of the Class of 2024:

Display your pride and affection for your child in the school yearbook, The Caldron. We have reserved a section for you to offer your words of advice or encouragement – along with those cherished growing up pictures.

How? In our Senior Ads section!

Simply choose the ad size, your message and send us a baby photo – digitally or hard copy. We can design the ad for you or follow your requests.

The ad pages are designed in a 16-block format on an 8/5 x 11 inch page.

Each block is approximately 4 ½ inches by 1 ¼ inches. Each block is priced at \$25/each with discounts for ordering multiple blocks.

Orders must be placed not later than **April 30, 2024**. [Click here](#) for more information!



**ALLISON  
CRAIG**

C/O 2026 & C/O 2027  
(H-M LAST NAMES)



**KRISTIN  
DADAS**

C/O 2024 & C/O 2027  
(A-G LAST NAMES)



**LATIESA  
KIRKPATRICK**

C/O 2025 & C/O 2027  
(N-Z LAST NAMES)

# SOCIAL WORKER'S CORNER

School, work, track practice, scholarship essays - who has time for sleep?

Too often fitting a good night's sleep into an already super busy schedule is a teen's last concern. **Skimping on the recommended 8-10 hours of sleep a night though can significantly impact cognitive, physical, and emotional well-being** - and that means not being at their best to tackle all of those other priorities.

Check out the resources below for the how and why of a good night's sleep!

[Science of Sleep - For Teens](#)

[Sleep For Teenagers - National Sleep Foundation](#)

[Sleep Tips For Teens](#)



## SWIM CADETS SHOW: MAR. 7 - 9

**CLEVELAND HEIGHTS**  
**SWIM CADETS**  
**LIVE THE TEENAGE DREAM**

Experience the magic of synchronized swimming with the Cleveland Heights Swim Cadets as they "Live the Teenage Dream"! Tickets are \$12 and available from Cadet members in advance. A limited number of tickets will be sold at the door.

March 7, 8 & 9 at 7 p.m.

Cleveland Heights High School Natatorium  
13263 Cedar Road, door #8

The Heights High Swim Cadets invite the community to 'Live the Teenage Dream' at their 85th annual show!

The three-night performance will run from March 7 through 9 at 7:00 p.m. in the high school natatorium.

Tickets can be purchased in advance from a Swim Cadet for \$12 with a limited number of tickets sold at the door.

### High School 2 the Future!

**Freshman  
Checklist**

**Sophomore  
Checklist**

**Junior  
Checklist**

# SENIOR INFORMATION PAGE

Kristen Narduzzi, Senior Advisor  
k\_narduzzi@chuh.org

Nancy Rich-Drehs, Senior Advisor  
n\_rich@chuh.org

## ORDER

### Get ready for Graduation!

It's time to prepare for graduation! You must place the **order for your cap and gown**. Order today at **www.jostens.com** or call **880-567-8367** to order only the cap and gown. Information for additional graduation packages, class rings, and letter jackets can be **found here**.

**Commencement will take place at 6:00 p.m. on Thursday, May 30, 2024**  
at the CSU Wolstein Center, 200, Prospect Avenue E, Cleveland OH, 44115.

## ORGANIZE

### Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a **senior checklist** for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

## UPDATE

### Senior Class Page

Make sure to check the **Class of 2024 page** on the district website throughout the year for regular updates and important information!

**Click here** to read the Semester II Senior Letter from Mr. Smith.

**BLOOM Spring Flowers Fundraiser Information**

## PREPARE

### College & Career Readiness

Look below for more information on opportunities for seniors and their families to get help with navigating the financial aid and application process.

#### **Heights Community Scholarship Application:**

**The Heights Community and Foundation general application is now closed.** Seniors who have completed the general application are now urged to complete all necessary items for the individual scholarships.

**The scholarships have been extended. *The Heights Community Scholarship is now open until March 6 and Heights Foundation Scholarship is open until March 15.*** Please see Mrs. McEwen for questions and concerns.

**Seniors, please check Naviance weekly for scholarship opportunities. If you are receiving college admissions letters and scholarships, and proof of FAFSA submission please give a copy to Mrs. McEwen in room 129 or email to [t\\_mcewen@chuh.org](mailto:t_mcewen@chuh.org).**

**Seniors, make sure you are on track for your senior year. [Click here to check out a senior checklist.](#)**

**Seniors the last instant admission day will be March 21 2024.**

We will have three schools have college presentations for juniors and seniors and then afternoon instant admission day for all three. **The University of Toledo, Thiel College, and Jefferson and Washington College will be here from 4th through 6th Periods.** If you have any questions or would like to sign up please see Mrs. McEwen.

**Seniors please check your local mail and emails for college and career/trade school deadlines.**

***Each college and career/trade school may have its own deadline.*** Check with the school you're interested in attending. You may also want to ask about the school's definition of an application deadline. For example, the deadline could be the date your FAFSA form is processed or the date the school receives your processed FAFSA data.

# STAY INFORMED!

## LOOKING AHEAD:

**Daylight Savings Begins**  
*Turn Clocks Forward 1 Hour*  
3/10

**Parent-Teacher Conferences**  
3/12

**OMEA Vocal Music District Competition**  
3/15

**Cleveland Northeast Suburban College Fair**  
3/21

**Professional Development Day**  
*No School For Students*  
3/22

.....  
**CHUH.ORG - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES.**

## DATA DIVE

Week of February 20



### Attendance Data:

Number of Attendance Referrals -

Goal: < 1386

Current: 874

Chronically Absent -

Goal: < 37%

Current: 42%

Attendance Percentage:

Goal: > 92%

Current: 88%

### Climate Data:

Number of Referrals -

Goal: < 2477

Current: 1651

Number of OSS/ISS -

Goal: < 414

Current: 368

## SOCIAL & EMOTIONAL SUPPORTS

If you know of a student is in need of social and/or emotional support, please complete the **referral form** located in the **Quick Links** section of **Heights High's page** on **CHUH.org**. Anyone can complete this referral form, and submissions are routed directly to the school social workers and counselors for follow-up.



### STAFF:

The CH-UH Employee Assistance Program through IMPACT can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals. **All services are free.** This includes access to short-term counseling and a wide range of offerings - from financial consultation to personal assistant services - **listed here.**

## SECURITY SCOOP

**FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY**

Our “see something, say something” policy applies to our school community 24 hours a day, 7 days a week. Anyone can access the Safe School Helpline to report threats, bullying, or other such behavior.

Call 1-800-4-1-VOICE (1-800-418-6423) ext. 359 to leave your information, or submit a report **online.**

