



CLEVELAND HEIGHTS HIGH SCHOOL

# PEEK AT THE WEEK

SEPTEMBER 16, 2024

**Mission:** Our schools provide a challenging and engaging education to prepare all our students to become responsible citizens and succeed in college and career.

## START WITH HELLO WEEK: SEPT. 16 - 20

This week, Heights High will join thousands of other schools and youth organizations nationwide to participate in **Start With Hello Week**, a national call-to-action week dedicated to making new social connections and creating a sense of belonging among youth.

Students are encouraged to participate in the following activities during their lunch periods:

**Monday, Sept. 16: Meet-N-Greet Monday**  
*Take a selfie in with someone new!*

**Tuesday, Sept. 17: Upstander Tuesday**  
*Join SADD (Students Against Destructive Decisions) to complete appreciation cards for others for the simple, everyday things that they have done.*

**Wednesday, Sept. 18: Wear Green Wednesday**  
*Green out! Wear green as a symbol of solidarity with Sandy Hook Promise.*

**Thursday, Sept. 19: Trusted Adult Thursday**  
*Thank a Trusted Adult by completing a certificate of gratitude! Trusted Adults are always spreading the Start With Hello Spirit.*

**Friday, Sept. 20: Moving Forward Friday**  
*Make a Start With Hello Promise Pledge to keep the Start With Hello spirit going throughout the year!*

**KEEP LEARNING, EVERY DAY**

CH-UH Schools are proud to partner with the Cleveland Browns Foundation and the Stay in the Game Attendance Network in the 2024-2025 school year.

## SENIOR GUIDANCE NIGHT: SEPT. 19

The Guidance Office invites 12th Grade families to attend Senior Guidance Night this Thursday, September 19 in the Main Auditorium at 6:30 p.m.

Important information will be shared with families regarding post secondary pathways: including the college application process, career readiness, a review of graduation requirements, scholarship and financial aid awareness, and important senior events throughout the school year.

For more information, contact the Guidance Office at (216) 320-3049.

The District has adopted a plan for communications with persons with disabilities, which is available [here](#). The plan establishes procedures to ensure that the District's communications with persons with disabilities, including applicants, participants, members of the public, and companions with disabilities, are as effective as its communications with others.

**Vision & Expectation:** A diploma in every hand. A plan in every head. A purpose in every heart.

# HISPANIC HERITAGE MONTH



## *Pioneers of Change: Shaping the Future Together*

Hispanic Heritage Month is an annual awareness event that takes place from **September 15 - October 15** to celebrate the history, **culture**, traditions, and contributions of the Hispanic community. **Originally introduced in 1968** as a week-long event by Congressman George E. Brown, it has become a month-long celebration that is now internationally celebrated.

It encompasses important events such as the **independence anniversaries for Central American countries** and **Día de la Raza (Columbus Day)**. Hispanic Heritage Month also ensures that **society recognizes the incredible contributions of the Hispanic community throughout history**, both to society and the economy. As well as to catalyze action against the discrimination that Hispanic and Latino people continue to face.

According to the **National Council of Hispanic Employment Program Managers (NCHEPM)**, the theme for Hispanic Heritage Month 2024 is ***Pioneers of Change: Shaping the Future Together***. Stated by the NCHEPM, this theme encapsulating the “spirit of innovation, resilience, and unity that define the Hispanic experience.”

### **Events at CHHS**

- Daily spotlight & quote on school's TV monitors of Hispanic individuals and the many ways that they have contributed to American history as pioneers of change.
  - [Hispanic Heritage Month Daily Quote Slides](#)
  - [Hispanic Heritage Month Daily Spotlight Slides](#)

**“EVERY MOMENT IS  
AN ORGANIZING  
OPPORTUNITY, EVERY  
PERSON A  
POTENTIAL ACTIVIST,  
EVERY MINUTE A  
CHANCE TO CHANGE  
THE WORLD.”**



**DOLORES HUERTA**  
*(1930 - Present)*

### **Additional Information On Hispanic Heritage Month & People To Celebrate**

**[“Hispanic Heritage Month - Origin & Facts”](#)**

**[“Hispanic Heritage Month” \(from the Smithsonian’s National Museum of the American Latino\)](#)**

**[“Celebrating 10 Hispanic Pioneers In Medicine”](#)**

**[“10 Influential Hispanic Americans in U.S. Politics”](#)**

**[“15 Famous Hispanic People to Learn About for Hispanic Heritage Month”](#)**

**[“20 Influential Hispanic Americans Who Have Made History”](#)**

**[“Hispanic & Latin American Studies: Key Historical Figures” \(from the UNT Dallas University Library\)](#)**

Dolores Huerta is a prominent labor leader and civil rights activist whose work has significantly advanced the rights of farmworkers and marginalized communities in the United States. Born in 1930 in Dawson, New Mexico, Huerta co-founded the National Farm Workers Association (later the United Farm Workers) with César Chávez in 1962. She played a crucial role in organizing the Delano grape strike in 1965, a pivotal event that led to improved working conditions and wages for farm laborers.

Huerta's powerful slogan, “Sí, se puede” (“Yes, you can”), became a rallying cry for social justice movements. Her tireless advocacy extends beyond labor rights to include women's rights, immigration reform, and environmental justice. Despite facing numerous challenges, including gender discrimination and violence, Huerta's unwavering dedication has earned her numerous accolades, including the Presidential Medal of Freedom in 2012. Her legacy continues to inspire activists worldwide, emphasizing the importance of grassroots organizing and community empowerment.

# Heights High School



## APPLICATION OPEN FOR CONGRESSWOMAN BROWN'S YOUTH ADVISORY COUNCIL

Congresswoman Shontel M. Brown is launching her office's Youth Advisory Council and invites the talented students from Heights High to apply!

Congresswoman Brown's Youth Advisory Council is designed to provide a unique and enriching leadership experience for OH-11 students.

Students will gain the knowledge, skills, and confidence to serve their communities, become more involved, and create positive change. YAC will help to prepare them for their future in education and/or the workforce by cultivating leadership and supporting them as they navigate tasks such as resume building and college applications.

Congresswoman Brown's office is seeking highly qualified students to serve as official youth ambassadors.

Click [HERE](#) to access the online application and [HERE](#) for further information.

All completed applications are due no later than 5:00 PM on September 20, 2024.

If you would like to learn more about the Youth Advisory Council or schedule time for an in-person or virtual student presentation, please reach out to [Giavanna.Tomasio@mail.house.gov](mailto:Giavanna.Tomasio@mail.house.gov) as soon as possible.

*The applicants that are selected to become a member of the Youth Advisory Council will be notified the week of October 7, 2024.*

## BUS TICKETS & STUDENT PARKING PERMITS

Students can purchase RTA bus tickets for \$1.75 per ticket from Mrs. Holland in the Main Office before or after school.

All sophomores, juniors and seniors who are licensed drivers are eligible to apply for a Heights High School parking permit by registering in-person with Mrs. Holland during their lunch period, before or after school.

Student parking is located off Cedar Road between Edgewood Road and Oakdale Road. [Parking lot location map](#).

Parking placards are \$10 per semester. [Parking Form](#)

# CLEVELAND CLINIC PATHWAYS PROGRAM OPPORTUNITY FOR JUNIORS & SENIORS

Attention Juniors and Seniors - there is a career readiness program opportunity with the Cleveland Clinic that is available for you to sign up for.

The Cleveland Clinic Pathways Program is a six-week program that provides students with exposure to clinical and non-clinical healthcare careers. The deadline for applications is September 27, 2024. Instructions for how to create an account in order to apply can be [found here](#).

## COLLEGE NOW JUNIOR NIGHT: 9/16

College Now is hosting Junior Night tonight, September 16th, from 5:00 - 7:00 p.m. in the Mini Auditorium.

Junior Night will discuss what to expect in the year ahead for 11th graders at Heights High School, and how families can start planning for Senior year and postsecondary pathways.

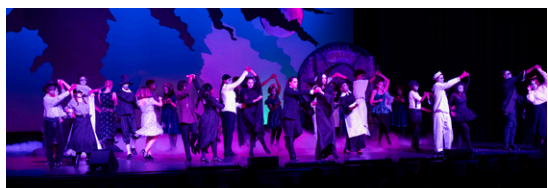
### Topics it will cover:

- ACT & SAT preparation (tips for boosting your test scores & tips/resources to help you succeed)
- Financial aspects of postsecondary options (scholarships, financial aid, and budgeting for life after high school)

It is a valuable opportunity to start planning ahead for Senior year and beyond, ensuring that Juniors and their families are ready for the next steps in your educational journey.

Questions? Contact Ms. James at [a\\_james@chuh.org](mailto:a_james@chuh.org) or Mr. Lucas at [l\\_biniewski@chuh.org](mailto:l_biniewski@chuh.org).

## HEIGHTS HIGH CLUBS & ACTIVITIES



Extracurricular activities are important for students. Participation in these clubs and teams develops leadership skills, expands friend networks, and encourages better time management.

The CHHS staff encourages all students to participate in at least one extracurricular activity.

[Click here](#) to learn more about 40+ afterschool activities that are available at Heights High!

# NATIONAL GEAR UP WEEK ACTIVITIES & SPIRIT WEEK THEMES: SEPT. 23 - 27

The Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) initiative is one of the largest and most effective programs focused on increasing the college and career readiness of low-income students in communities nationwide.

And this year GEAR UP is Celebrating 25 Years!

Mark your calendar for the nation's largest celebration of all things GEAR UP!

National GEAR UP Week will occur next week, September 23 - 27.

Students are encouraged to participate in the following daily activities and spirit week themes:

## GEAR UP WEEK ACTIVITIES:

### 9/23 - Happy Birthday GEAR UP

*Come kick off GEAR UP week and celebrate the 25th year during your lunch period in the mini auditorium.*

### 9/24 - Karaoke

*Join GEAR UP during your lunch period for karaoke and line dancing.*

### 9/25 - GEAR UP Photo Booth

### 9/26 - Goal Wall

*Goal setting for the 2024-2025 school year during your lunch period.*

## GEAR UP SPIRIT WEEK THEMES:

### 9/23 - What Do You Meme?

*Dress like your favorite meme*

### 9/24 - Decade Day

*Dress like the 90's or early 2000's*

### 9/25 - Where Are You Headed?

*Wear a college shirt, military shirt or dress like your future self/career*

### 9/26 - Take It Easy Thursday

*Dress in your favorite sweats*

### 9/27 - Tiger Pride/Gear Up Day

*Show your Heights spirit by wearing your black and gold swag!*

For more information visit or contact:

GEAR UP 2027 Advisor: Essynce Mitchell, [e\\_mitchell@chuh.org](mailto:e_mitchell@chuh.org) (Room 319)

GEAR UP 2028 Advisor: Jasmine Arnold, [j\\_arnold@chuh.org](mailto:j_arnold@chuh.org) (Room 323)



**ALLISON  
CRAIG**

2028 COHORT:  
H - O LAST NAMES  
2026 COHORT



**KRISTIN  
DADAS**

2028 COHORT:  
A - G LAST NAMES  
2027 COHORT



**LATIESA  
KIRKPATRICK**

2028 COHORT:  
P - Z LAST NAMES  
2025 COHORT

## SOCIAL WORKER'S CORNER

### Navigating Lockdowns: 5 Key Takeaway for Parents

It can feel like a scary time be a parent or student, but there are some steps you can take to ease you and your child's anxiety.

- 1) Stay updated about the school's policies and procedures.
- 2) Make sure you're set up for communications from your child's school.
- 3) Create space for your kids to talk to you about the experience.
- 4) Acknowledge their feelings.
- 5) Connect.

[Click here](#) to read the full Navigating Lockdowns article.



# SENIOR PROM MUMS FUNDRAISER

Support the Cleveland Heights High School Senior Prom and receive beautiful flowers for the fall by participating in the mums fundraiser! **The deadline to place your order is this Friday, September 20.**

Pick up will be at the high school parking lot on Wednesday, October 9 from 3:15 - 5:00 p.m. in the high school parking lot.

[Click here](#) to view the available products and to place your order.

## STUDY ABROAD SCHOLARSHIP & EXCHANGE STUDENT HOSTING OPPORTUNITIES

### HOSTING AN EXCHANGE STUDENT:

Students from all around the world would love to experience what it is like to be a Heights student! Moreover you will be able to share your American culture and create friendships from all around the world!

If you are interested in hosting an exchange student for a semester or the whole year please read the [biographies of the AFS exchange students](#).

Please contact Madame Woods at [melha\\_woods@chuh.org](mailto:melha_woods@chuh.org) or Mrs. Christina Kowalski at (216) 406-2110, [ckowalski@afsusa.org](mailto:ckowalski@afsusa.org) if you have questions or are interested in hosting.

### FULL SCHOLARSHIP OPPORTUNITIES FOR SUMMER 2025:

AFS scholarships are available to students that cover any of the AFS summer 2025 programs EXCEPT Japan.

If you are interested:

1. [Click here](#) to review the selection of the AFS summer programs that are offered.
2. Select 3 of your top choices.
3. Let Madame Woods know your selection by completing [this document](#) (full name, school email, 3 summer programs chosen).
4. Then, go at the bottom of the website linked in Step 1 and click on "apply now" to begin the application process.

Questions? Please reach out to Madame Woods at [melha\\_woods@chuh.org](mailto:melha_woods@chuh.org).

## STUDENT VOTER REGISTRATION BUS: SEPT. 23

Heights High Seniors - your voice and vote matters!

In partnership with the Ohio Alliance for Community Education (OHIO ACE), Heights High will host a "Hip Hop Voter Registration Bus" event on Monday, September 23 during the lunch periods for students who are or will be 18 by November, 2024.

This event brings music, food, civic engagement information, and registration support for young voters who will be 18 before the November election in a fun, engaging way.

*If you are interested in attending, please see Mrs. Hansen in Office 241 or Mr. Smith in Office 220.*



# SENIOR INFORMATION PAGE

Dennis Kless, Senior Advisor  
d\_kless@chuh.org

Nancy Rich-Drehs, Senior Advisor  
n\_rich@chuh.org

## ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a [senior checklist](#) for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

## UPDATE Senior Class Page

Make sure to check the [Class of 2025 page](#) on the district website throughout the year for regular updates and important information!

## PREPARE College & Career Readiness

Look below for more information on opportunities for seniors and their families to get help with navigating the financial aid and application process.

[Click here](#) to read the introductory letter from Mrs. McEwen, the College & Career Readiness Counselor for Heights High School.

Attention Seniors & Juniors, the following colleges and universities will be here for the week of September 16 - 20:

### Monday, September 16

5th Pd. - University of Cincinnati  
6th Pd. - Ithaca College (*Virtual*)  
7th Pd. - Cuyahoga Community College

### Tuesday, September 17

1st Pd. - Youngstown State University  
5th Pd. - Bowling Green State University  
6th Pd. - Xavier University

### Thursday, September 19

5th Pd. - D'Youville University

### Friday, September 20

2nd Pd. - Michigan State University  
3rd Pd. - Miami University of Ohio  
5th Pd. - University of Oregon

Please see Mrs. McEwen in Room 105 for a permission form. Your teacher will need to sign it before the representative visit for an excused absence from class.

Seniors - if you are planning to take the ACT or SAT in October and need a fee waiver, please get a waiver form from Mrs. McEwen in Room 105.

Seniors - Please check [Naviance](#) for scholarship opportunities.

*High School 2 the Future!*

**Freshman  
Checklist**

**Sophomore  
Checklist**

**Junior  
Checklist**

# STAY INFORMED!

## LOOKING AHEAD:

Senior Guidance Night  
9/19

National GEAR UP Week  
9/23 - 9/27

HSF Alumni Hall of Fame Ceremony  
9/26

Rosh Hashanah No School  
10/3

FAFSA Night  
10/8

9th - 11th Grade Picture Retake Day  
10/10



[CHUH.ORG](http://CHUH.ORG) - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES.



[/ClevelandHeightsTigers](https://www.instagram.com/ClevelandHeightsTigers)



[/HeightsHighCHUH](https://twitter.com/HeightsHighCHUH)

## CHHS Social Workers

Kristin Dadas - (216) 320-3213  
2028 Cohort (Last Names A - G)  
2027 Cohort

Allison Craig - (216) 320-3017  
2028 Cohort (Last Names H - O)  
2026 Cohort

Latiesa Kirkpatrick - (216) 320-3125  
2028 Cohort (Last Names P - Z)  
2025 Cohort

## CHHS Grade Level Offices

9th Grade Office  
Principal: Ms. Perry  
Attendance Line: (216) 320-3171  
Office Line: (216) 320-3170

11th Grade Office  
Principal: Mrs. Hansen  
Attendance Line: (216) 320-3211  
Office Line: (216) 320-3210

10th Grade Office  
Principal: Ms. Thomas  
Attendance Line: (216) 320-3161  
Office Line: (216) 320-3160

12th Grade Office  
Principal: Mr. Smith  
Attendance Line: (216) 320-3201  
Office Line: (216) 320-3200

## CHHS Guidance Counselors

Tandra Menefee  
Last Names A - E

Charlene Searcy  
Last Names M - R

Taylor Bryant  
Last Names F - L

Michael Murray  
Last Names S - Z

# SOCIAL & EMOTIONAL SUPPORTS

If you know of a student is in need of social and/or emotional support, please complete the **referral form** located in the **Quick Links** section of **Heights High's page** on **CHUH.org**. Anyone can complete this referral form, and submissions are routed directly to the school social workers and counselors for follow-up.



## STAFF:

The CH-UH Employee Assistance Program through IMPACT can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals. **All services are free.** This includes access to short-term counseling and a wide range of offerings - from financial consultation to personal assistant services - **listed here.**

# SECURITY SCOOP

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Our "see something, say something" policy applies to our school community 24 hours a day, 7 days a week. Anyone can access the Safe School Helpline to report threats, bullying, or other such behavior.

Call 1-800-4-1-VOICE (1-800-418-6423) ext. 359 to leave your information, or submit a report **online.**

