



PEEK AT THE WEEK

DECEMBER 16, 2024

Mission: Our schools provide a challenging and engaging education to prepare all our students to become responsible citizens and succeed in college and career.

MIDTERM EXAMS: DEC. 18, 19 & 20

Midterm exams for Heights High students will take place this Wednesday, December 18 through Friday, December 20. Students, make sure to arrive to each of your exams ON TIME and prepared.

Click here for ten “Tiger Tips” to help you prepare for your exams.

	Exam Block 1 8:25–9:55 am	Break 9:55–10:10	Exam Block 2 10:10–11:40 am	Break 11:40–12:00	Exam Block 3 12:00–1:30 pm
Wednesday 12/18/2024	Period 4		Period 2		Period 1
Thursday 12/19/2024	Period 5		Period 3		Period 8
Friday 12/20/2024	Period 6		Period 7		Makeup Exams, Makeup Work for all periods (arrange with teachers)

Lunch is served from 11:30 a.m. – 12:15 p.m.

Special Help and Review: 1:30 - 2:56 p.m.

The District has adopted a plan for communications with persons with disabilities, which is available [here](#).

The plan establishes procedures to ensure that the District's communications with persons with disabilities, including applicants, participants, members of the public, and companions with disabilities, are as effective as its communications with others.

Vision & Expectation: A diploma in every hand. A plan in every head. A purpose in every heart.

Heights High School



COLLEGE NOW GREATER CLEVELAND SERVICES AT HEIGHTS HIGH

College Now Greater Cleveland is proud to offer comprehensive support to students at Cleveland Heights High School through our GEAR UP and Educational Talent Search (ETS) programs. These initiatives are designed to guide students through their educational journeys and help them prepare for college and future careers.

GEAR UP Program: Focused on serving the Freshman and Sophomore classes, GEAR UP provides personalized, one-on-one advising, workshops, and exposure opportunities to help students develop essential skills and knowledge for higher education.

Educational Talent Search Program: Tailored for Juniors and Seniors, ETS offers similar support, including individual advising, college readiness workshops, and enrichment activities that prepare students for the transition to college life.

Each program is dedicated to empowering students with the tools they need for success. We encourage grade-level teachers to sign up for workshops and partner with us to maximize student engagement and preparation.

For more information or to schedule a session, please reach out to our team! [Click here](#) for their contact information.

CTE APPLICATION IS OPEN!

Class of 2027...have you applied for your CTE program yet?

The Career Technical Education (CTE) application is now open for current sophomores to apply for one of the 22 Heights Career Tech programs.

Students can apply for the program of their choice at HeightsCareertech.com.

[Click here](#) to learn more about the 22 programs that are available through the Heights Consortium.

Remember, each program is a two-year commitment to prepare you for your chosen career path, the workplace, and college.

Any questions? Ask your Guidance Counselor about Career Tech.

Winter Break is a great time to apply!



Sophomores, take the first step towards your future career by submitting your Heights Career Tech applications today at [HeightsCareerTech.com!](https://HeightsCareerTech.com)



GEAR UP & TRIO FAMILY MOVIE NIGHT: DEC. 20



Attention Heights High students - the GEAR UP and TRIO program is hosting a **Holiday Family Movie Night** on Friday, December 20 from 5:00 - 7:30 p.m. in the Mini Auditorium. Students from all grade levels and their families are able to attend.

Gather your friends and family, cozy up, and join GEAR UP and ETS for a holiday movie to kick off Winter Recess!

Interested in attending? Please see Miss Essynce in Room 319, Miss James in Room 219, or Ms. Thomas in Office 300 or [click here](#) to sign up.

MANDEL YOUTH HUMANITIES ACADEMY SUMMER 2025 APPLICATION IS OPEN

The Mandel Youth Humanities Academy is a summer program that offers rising high school juniors and seniors in Northeast Ohio an opportunity to broaden their humanities education and get a taste of college coursework.

The Mandel Youth Humanities Academy is a **nine-week program** that runs from June through August (break the week of July 4). The program meets Monday through Thursday from 10:00 a.m. - 3:00 p.m.

The summer program includes:

- Discussion-based seminars in philosophy, history, art, literature, and religion
- Explorations and interactive documentaries in new media
- Community-based learning across Cleveland through “City as Text” experiences

Accepted students receive a generous stipend equivalent to a full-time summer job, a personal computer and, as needed, transportation to and from campus.

[Click here](#) for more information and to apply.

METROHEALTH SCHOOL HEALTH PROGRAM



Metro Health

The MetroHealth Institute for H.O.P.E. School Health Program is partnering with CH-UH to offer health care services on-site at your child's school. Your child will now have easier medical service access during the school day.

Additionally, CH-UH City School District students, their families, and staff members can receive routine health care at the **Heights Wellness Center** inside Heights High School.

What services does MetroHealth provide?

- Physicals (annual/sports/work permit)
- Injury/illness care
- Routine lab tests
- Teen services
- Mental/behavioral health
- Immunizations
- Care for chronic conditions, including asthma, allergies, diabetes and seizure disorders
- Health education and prevention
- Telehealth, to supplement in-person care

How to enroll your student:

Fill out an online [consent form here](#). Students' consent forms remain valid for as long as they attend school in the District.

[Click here](#) for more information and the Fall 2024 Schedule.

SIGN UP FOR HEIGHTS HIGH'S SPORTS INFORMATION CLUB

Do you love watching, listening to and talking about sports? Are you interested in a career in sports broadcasting, journalism or social media marketing?

Heights High's new Sports Information Club might be right for you!

You get to choose where to focus your energy ... from photographing or filming games to live play-by-play announcing to managing a team's social media. You could also write game recaps and player profiles for the District's athletic website or keep a team's stats.

You will get to travel to away games with a team of your choosing, wear Heights branded gear and learn from industry professionals. You choose which sports season(s) to participate and you get to request specific teams to work with.

Fill out this [Google form](#) to get started or reach out to Athletic Director Joe D'Amato at j_damato@chuh.org if you have additional questions.



**ALLISON
CRAIG**

ALL 2026 COHORT
2028 COHORT:
H - O LAST NAMES

**KRISTIN
DADAS**

ALL 2027 COHORT
2028 COHORT:
A - G LAST NAMES

**LATIESA
KIRKPATRICK**

ALL 2025 COHORT
2028 COHORT:
P - Z LAST NAMES

SOCIAL WORKER'S CORNER

Supporting Teens & Children During the Holiday Season

The holiday season is upon us and no matter what holiday is celebrated, this time of year can be stressful for many families. It may be even more challenging with the ongoing world events, the ongoing effects of social justice and racism, and the rise of hate speech and crimes. Or for families experiencing the recent loss of a family member, the holiday season may be even more challenging. As a family it is important to decide how you will make the holidays special this year.

- **Strategies & Ideas for the Holiday Season**
 - Start a Family Conversation - acknowledge what has changed and how family members are feeling
 - Find Ways to Make Connections
 - Small Moments Matter
 - Keep a Routine
 - Notice the Good Things
- **Taking Care of Yourself This Holiday Season**
- **Know that Help is Available**

[Click here](#) to read the full article by the National Child Traumatic Stress Network.



STAY ^{IN} THE GAME!

KEEP LEARNING, EVERY DAY



CH-UH Schools are proud to partner with the Cleveland Browns Foundation and the Stay in the Game Attendance Network in the 2024-2025 school year.

High School 2 the Future!

**Freshman
Checklist**

**Sophomore
Checklist**

**Junior
Checklist**

SENIOR INFORMATION PAGE

Dennis Kless, Senior Advisor
d_kless@chuh.org

Nancy Rich-Drehs, Senior Advisor
n_rich@chuh.org

ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a senior checklist for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

UPDATE Senior Class Page

Make sure to check the Class of 2025 page on the District website throughout the year for regular updates and important information!

PREPARE College & Career Readiness

Look below for information on post-secondary opportunities for seniors and their families to get help with navigating the financial aid and application process.

[“Senior Scene” Newsletter - December 2024](#)

[“Senior Scene” Newsletter - November 2024](#)

Seniors - please turn in all acceptance letters and scholarship letters to Mrs. McEwen in Room 105 or by email at t_mcewen@chuh.org.

Upcoming Instant College Admission Day:

Grand Valley State University - Wednesday, January 29, 2025

More information to come.

Heights Community Scholarship Is Open:

The Heights Community Scholarship in Google Classroom opened today, December 16. All Seniors will be added in the Google Classroom. The Google Classroom Code is **gnozja4**.

Remember, you will need to fill out the General Application before you get access to the scholarships.

If you have any questions, please contact Mrs. McEwen.

Please check [Naviance](#) for other upcoming college representative visits to Heights High and for scholarship opportunities.

Seniors and parents - now is the time to create an FSA ID for the upcoming FAFSA.

Each student and parent must have their own FSA ID account to complete the FAFSA.

[Click here](#) for more information on how to create an FSA ID.

If there are any Seniors who are pursuing a **degree in Education**, please see Mrs. McEwen for a **special scholarship opportunity**.

STAY INFORMED!

LOOKING
AHEAD:

CHHS
Midterm
Exams
12/18 - 12/20

Winter Recess
All Schools
Closed
12/23 - 1/3



Students
Report Back
to School
1/6

Quarter 2
Ends
1/10

Records Day
No School For
Students
1/10



CHUH.ORG - VIEW UPCOMING EVENTS,
GRADE INFORMATION, AND THE LATEST
DISTRICT HEADLINES.

 [/ClevelandHeightsTigers](https://www.instagram.com/ClevelandHeightsTigers)
 [/HeightsHighCHUH](https://twitter.com/HeightsHighCHUH)

CHHS Grade Level Offices:

9th Grade Office
Principal: [Ms. Perry](#)
Attendance Line: (216) 320-3171
Office Line: (216) 320-3170

10th Grade Office
Principal: [Ms. Thomas](#)
Attendance Line: (216) 320-3161
Office Line: (216) 320-3160

11th Grade Office
Principal: [Mrs. Hansen](#)
Attendance Line: (216) 320-3211
Office Line: (216) 320-3210

12th Grade Office
Principal: [Mr. Smith](#)
Attendance Line: (216) 320-3201
Office Line: (216) 320-3200

CHHS Social Workers:

[Kristin Dadas](#)
(216) 320-3213
2028 Cohort - Last Names A - G
All 2027 Cohort

[Allison Craig](#)
(216) 320-3017
2028 Cohort - Last Names H - O
All 2026 Cohort

[Latiesa Kirkpatrick](#)
(216) 320-3125
2028 Cohort - Last Names P - Z
All 2025 Cohort

CHHS Counselors:

[Tandra Menefee](#)
Last Names A - E
(216) 320-3090

[Charlene Searcy](#)
Last Names M - R
(216) 320-3006

[Tiesha McEwen](#)
College & Career
Readiness
(216) 320-3065

[Taylor Bryant](#)
Last Names F - L
(216) 320-3057

[Michael Murray](#)
Last Names S - Z
(216) 320-3068

SOCIAL & EMOTIONAL SUPPORTS

If you know of a student is in need of social and/or emotional support, please complete the referral form located in the [Quick Links](#) section of [Heights High's page](#) on CHUH.org. Anyone can complete this referral form, and submissions are routed directly to the school social workers and counselors for follow-up.



STAFF:

The CH-UH Employee Assistance Program through IMPACT can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals. All services are free. This includes access to short-term counseling and a wide range of offerings - from financial consultation to personal assistant services - [listed here](#).

SECURITY SCOOP

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Our "see something, say something" policy applies to our school community 24 hours a day, 7 days a week. Anyone can access the Safe School Helpline to report threats, bullying, or other such behavior.

Call 1-800-4-1-VOICE (1-800-418-6423) ext. 359 to leave your information, or submit a report [online](#).

