

PEEK AT THE WEEK

SEPTEMBER 27, 2022



Mission: We expect all students to strive for "B" or better. We have support available for all students to experience academic success.

GEAR UP WEEK - SEPT. 26-30

Class of 2023, are you GEARed UP for a fun-filled week of college and career readiness? Be sure to follow the [GEAR UP Instagram](#) and Google Classroom using code **2cp2uit** to stay updated!

NHS TUTORING LAB

NHS will begin tutoring this Tuesday in room 217 from 3 - 4 p.m.

There will be tutoring every Tuesday and Thursday.

THE BLACK & GOLD, SEPT. 12

Click below to read the first issue of the [Black & Gold](#).

Interesting in being involved with the student newspaper?

The Black & Gold team meets every Tuesday in room 307 from 3:15 - 4:00 p.m.

Please note, they do not meet every 3rd Tuesday of the month.

GEAR UP TO NEW HEIGHTS

GEAR UP WEEK SEPTEMBER 26-30, 2022

MONDAY
No School

GEAR UP WEEK STARTS!

Take a picture with your GEAR UP 2023 Button and DM the GUP Heights Instagram Page to be posted!!!!
@GEARUPHEIGHTS2023
#GEARUPWeek #CHUH2023 #GEARUPWorks

TUESDAY

ICE CREAM Social

MEET US!
When: Your Lunch Period
Where: The Cafeteria

Follow us on our Instagram @gearupheights23 Follow our Google Classroom Page GEAR UP 2023Class Code: 2cp2uit

WEDNESDAY

Picture This...
It's A Photoshoot In The Cafeteria

THURSDAY

Rep Your Future Plan

COLLEGE
Post-Secondary Enrollment
Meet Mrs. Bing in the Senior Office - Room 220

Military Service Work Force

FRIDAY

Locker Wars
Decorate Your Locker College & Career Themed
The Best 3 Win A Prize!!!
Get Your Supplies in Room 220 on Wednesday

CollegeNow Greater Cleveland

Heights High School



ATHLETIC EVENTS

Heights Athletics Ticket Policy

- 1) Tickets are required for ALL students who wish to attend athletic events.
- 2) Students **MUST** present their CHUH Student ID to enter. If you do not show your student ID you will not be permitted entry to the games. No refund will be issued.
- 3) Bookbags are **NOT** permitted inside CHUH athletic events.
- 4) **NO** outside food or drinks are permitted at CHUH athletic events.

HEIGHTS CLUBS AND ACTIVITIES

Extracurricular activities are important for students. Participation in these clubs and teams develops leadership skills, expands friend networks, and encourages better time management.

The high school staff encourage all students to participate in at least one extracurricular activity.



HEIGHTS POETRY CLUB

The Poetry Club meets every Wednesday at 3 p.m. in the library. Come write with Raja from Lake Erie Ink! All skill levels are welcome!

See the librarians with questions or email Raja at raja@lakeerieink.org for more information.

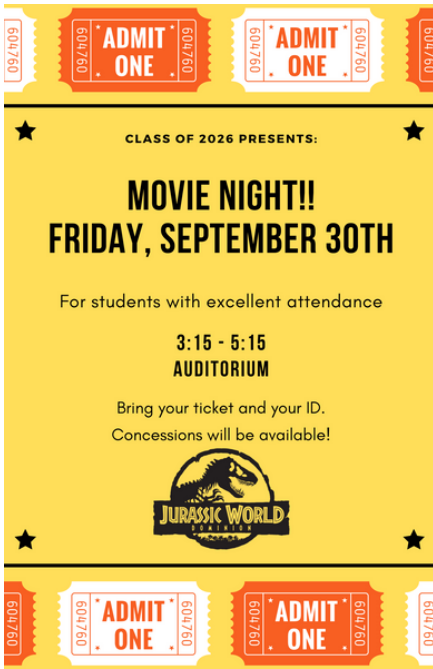
HURRICANE FIONA RELIEF DRIVE

Join MSAN in collecting donations for the Puerto Rico Hurricane Fiona Relief Fund. **All proceeds** collected will directly go to those who have been affected in Puerto Rico.

Donations will be collected from **Tuesday, Sept. 27th - Friday, Oct. 7th.**

[Click here](#) for more information on how you can help.

MOVIE NIGHT FOR GREAT ATTENANCE



The Class of 2026 is sponsoring a Movie Night! Students with great attendance will be presented with a movie ticket to see Jurassic World Dominion.

The movie will be shown after school at 3:15 p.m. on Friday, September 30th.

Students who receive tickets must show their school ID at the door.

Concessions will be available to purchase food.

VMD FALL MUSICAL - 'SISTER ACT'

The Heights High VMD is performing 'Sister Act' for this year's fall musical!

Performances will be Nov. 3, 4, and 5 at 7 p.m. and Nov. 6 at 4 p.m.

Visit www.clevelandheightschoirs.com or call 216-320-3105 for more ticketing information.



PARENT HELP NEEDED FOR THE VMD

Greetings Parents! VAPO is requesting all parents/guardians of our amazing students in the Vocal Music Department to please send your contact information.

They want to be able to contact you with important updates, and are in desperate need of help with fundraisers.

If interested, please contact VAPO at VAPOchuh@gmail.com.

RED CROSS BLOOD DRIVE

The Class of 2024 and DECA will host a community blood drive with the American Red Cross on **Monday, October 24** from **9:00 a.m. to 3:00 p.m.** in the **Heights High competition gym.**

Donors with **all blood types** are needed but especially those with types O, negative A, and negative B.

For more information or to make an appointment to donate, contact Mrs. Parker at 216-346-0797 or sign up online [here](#).

TALENT SEARCH: GRADES 9 - 11

Educational Talent Search is looking for you. We are looking to recruit first generational students (all students) to be in our program. We prepare students for the postsecondary life. Students will have opportunities for tutoring, eligible for scholarships and college and career exposure trips; plus so much more.

Stay tuned for more information!

TASSEL AFTER SCHOOL PROGRAM

The Tassel After School Program will provide 75 Cleveland Heights High School students with a one-of-a-kind experience to engage in a rigorous and relevant Project-Based Learning Curriculum whereby students may earn high school credit, college credit, or a stipend, as well as community service hours and a District, recognized micro-credential. Project/Problem Based Learning is a teaching method in which students learn by actively engaging in real-world and personally meaningful projects.

Interested in being part of the Tassel ASP? [Sign up here!](#)

Applications are due by **Tuesday, Oct. 4th.**

SEPTEMBER: ATTENDANCE AWARENESS MONTH

Too often, we think of reducing absences as the job of parents or school clerks in the front office.

But communities across the country have started helping schools address chronic absence by building public awareness and leveraging resources.

<http://bit.ly/1oqfID7>

Click here to learn more about why attendance matters, the breakdown of the various degrees of absence, and how the school will respond when a level is met.



SCHOOL SOCIAL WORKERS CORNER

Greetings! September is National Suicide Prevention Month. Throughout this month, individuals and organizations around the country will join their voices to broadcast the message that everyone can play a role in suicide prevention.

Please take a couple of moments to review the following parent brochure that provides information on how to know the signs - find the words - and reach out, as well as tips on raising resilient teens.

If you have any concerns for yourself or a loved one, please contact the National Suicide Prevention Lifeline: 988 or the Crisis Text Line: Text HOME to 741741.

Heights High Guidance & Counseling staff are also here to support you and your teen. Please don't hesitate to reach out to us!

Wishing everyone all the best as we come together for another school year and embrace one another as part of the Tiger Nation Family!

**Suicide is Preventable -
parent brochure**



**Suicide is Preventable -
parent brochure
(Spanish version)**

SENIOR INFORMATION PAGE

Patrick Fisher, Senior Advisor
p_fisher@chuh.org

ORDER Get ready for Graduation!

It's time to prepare for graduation! You must place the [order for your cap and gown](#). Order today at www.jostens.com or call 880-567-8367 to order only the cap and gown for \$43.52. Information for additional graduation packages, class rings, and letter jackets can be [found here](#).

ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a [senior checklist](#) for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

UPDATES Senior Class Page

Make sure to check the [Class of 2023 page](#) on the district website throughout the year for regular updates and important information!

PREPARE College Career Readiness

Look below for more information on the colleges that are visiting Heights High this week, the upcoming Financial Aid Night, and upcoming college fairs!

College Visits in the Mini Auditorium:

Tuesday, Sept. 27

1st Period - Florida Memorial
4th Period - Ursuline College

Thursday, Sept. 29

1st Period - Ohio Northern
6th Period - Cleveland State University

Wednesday, Sept. 28

1st Period - Kentucky State University
2nd Period - Bowling Green State University
4th Period - Tulane of Louisiana
5th Period - University of Akron
6th Period - John Carroll University

Financial Aid Night:

Thursday, Oct. 6 from 6:30 - 8 p.m. in the Auditorium with the Guidance Department for seniors and parents.

Upcoming College Fairs:

Tuesday, Sept. 27th from 5 - 7 p.m.

East Professional Center: 1349 East 79th Street, Cleveland OH 44103 [Register here!](#)

Thursday, Oct. 13th from 6:30 - 8 p.m.

Northeast Ohio Suburban: 1 John Carroll Blvd, University Hts. 44118 [Click here to register!](#)

Lake County Fall College Fair:

Sunday, Oct. 2nd from 12 - 1:30 p.m. Visit lakelandcc.edu/collegefair for a complete list of colleges.

High School 2 the Future!

Freshman Checklist

Sophomore Checklist

Junior Checklist

STAY INFORMED!

LOOKING
AHEAD:

HHS National
GEAR UP Week

9/26 - 30

Picture Day -
Grades 9 - 11

9/27

Yom Kippur
All Schools
Closed

10/5

Financial Aid
Night

10/6

PSAT Testing
Grades 9 - 11

10/12



CHUH.ORG - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES.

**COUNSELOR
INFORMATION**

"Always bear in mind
that your own
resolution to succeed
is more important
than any one thing."

-- Abraham Lincoln

