



Food Zone

December 2024

Prek Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Whole Grain Chicken Tenders With Baked French Fries Whole Grain Cheddar Goldfish Peach Cup	3 Taco Tuesday Soft Tortilla Shells Beef Taco Meat Brown Rice Black Beans Shredded Cheese & Shredded Lettuce Fresh Banana	4 Grilled Chicken Sandwich With Glazed Carrots Fresh Orange Slices	5 Chicken Alfredo With Bowtie Pasta Seasoned Green Beans Frozen Fruit Cup	6 Whole Grain Cheese Pizza Slice Pear Cup Cucumber Slices Garden Salad (Shredded Carrot and Diced Tomato)
9 Popcorn Chicken Dutch Waffle With Seasoned Corn Strawberry Cup	10 BBQ Beef Meatballs With Mac and Cheese Glazed Carrots Fresh Banana	11 Breakfast for Lunch Cinnamon French Toast Sticks Breakfast Potatoes With Pancake Syrup Fresh Orange Slices	12 Beef Riblet Sandwich With BBQ Baked Beans Frozen Fruit Cup	13 Whole Grain Cheese Pizza Slice Pear Cup Cucumber Slices Garden Salad (Shredded Carrot and Diced Tomato)
16 Baked Chicken Quesadillas with Glazed Carrots Peach Cup	17 Chicken Tortillas Fajita Chicken Tortilla Shell Black Beans Brown Rice Shredded Cheese, Lettuce, & Salsa Fresh Banana	18 Tiger Bowl Popcorn Chicken Mashed Potato, Gravy Seasoned Corn & Dinner Roll Fresh Orange Slices	19 All Beef Cheeseburger with BBQ Baked Beans Frozen Fruit Cup	20 Whole Grain Cheese Pizza Slice Pear Cup Cucumber Slices Garden Salad (Shredded Carrot and Diced Tomato)
23	24	25	26	27
<div style="border: 2px solid black; padding: 10px; background-color: #d4edda;"> <p style="font-size: 1.2em; font-weight: bold; margin: 0;">All Schools Closed-Winter Recess</p> </div>				
30	31			
<u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese	<u>2nd Entrée Option:</u> WG Soybutter and Jelly Sandwich with Cheese Stick	<u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese	<u>2nd Entrée Option:</u> WG Soybutter and Jelly Sandwich with Cheese Stick	<u>2nd Entrée Option:</u> Power Pack Yogurt Cup WG Muffin and Cheese

MENU SUBJECT TO CHANGE

*A Sunbutter Sandwich –A Peanut Free Substittue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include 1% White Milk*

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine
Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.