

# TIGER TALK SERIES

(A collaborative effort between Heights High and MetroHealth School Health Program)

## Mourning what's Missing: Coping with Grief and Loss During COVID



Sports  
Friends  
Loved ones  
Traditions  
School

**Join us to talk about Coping with Grief and Loss with MetroHealth professionals.**

**9th and 10th grade - Tuesday, January 12th from 11:35am-12:20pm**

Google Meet Link: <http://g.co/meet/chhssocialwork>

**11th and 12th grade - Thursday, January 14th from 11:35am-12:20pm**

Google Meet Link: [g.co/meet/metrohealth](http://g.co/meet/metrohealth)

**Participants will get a chance to win one of 5 \$10 Wendy's Gift Card**



Mrs. Craig



Mrs. Shelton-Townes



Mr. Reid



Ms. Dadas