



women out walking 

An exciting 12-week walking program
for women ages 18 and up.

Kickoff Event
Sunday, April 23, 2:00pm

Cleveland Heights Community Center. All participants
receive a free WOW t-shirt and an Action Step Tracker.

Registration is FREE

For more information or to sign up,
visit www.clevelandheights.com,
the Community Center front desk or contact
General Recreation Supervisor Dee Marsky
at dmarsky@clvhts.com or 216-691-7372

Limited to 150 Cleveland Heights residents.

Encouraging women to live healthier
and more active lifestyles one step at a time!