



MENU

HS Week 37: 05.20.24-05.24.24	Monday	Tuesday	Wednesday	Thursday	Friday
	General Tsos Chicken Popcorn Chicken Brown Rice Steamed Broccoli	Chicken Alfredo Penne Pasta with Seasoned Green Beans Dinner Roll	Beef Riblet Sandwich With Pickle and Onions BBQ Baked Beans	Tiger Bowl Popcorn Chicken Mashed Potato and Gravy Steamed Corn Dinner Roll	Chicken and Sausage Jambalya with Glazed Carrots Bread Stick
	Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza	Cheese Pizza Pepperoni Pizza Vegetable Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken	Cheese Pizza Pepperoni Pizza Vegetable Pizza	Cheese Pizza Pepperoni Pizza Supreme Pizza
	Chicken Tenders Carrot Sticks & Celery Sticks Garlic Bread Stick Homemade House Sauces	Boneless Wings Carrot Sticks & Celery Sticks Dinner Roll Homemade House Sauces	Chicken Tenders Carrot Sticks & Celery Sticks Garlic Bread Stick Homemade House Sauces	Boneless Wings Carrot Sticks & Celery Sticks Dinner Roll Homemade House Sauces	Chicken Tenders Carrot Sticks & Celery Sticks Garlic Bread Stick Homemade House Sauces
	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks with Marinara Sauce	Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks with Marinara Sauce	Spicy Chicken Filet Sandwich
	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily
	<p>Fresh Salad Bar Options</p> <p>Adult Nutri-Bar: Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily.</p> <p>Student Fresh Salad Bar: Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily.</p> <p>Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily</p>				

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.

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