

MARTIAL ARTS



CLASSES



HEIGHTS HIGH WILL BE PROVIDING FEMALE
STUDENTS SELF-DEFENSE CLASSES STARTING ON

WEDNESDAY, NOVEMBER 30TH

CLASSES WILL BE IN ROOM A110 FROM
3:30 PM - 4:30 PM

EVERY OTHER WEDNESDAY

THERE IS A 20 STUDENT LIMIT PER CLASS

PLEASE SIGN UP BY CONTACTING **BRYAN LORETZ**
AT B_LORETZ@CHUH.ORG OR 216-320-2063